



PennState

2023 - 2024

PARENTS &

FAMILIES

GUIDE

PARENT & FAMILY RESOURCES

| | |
|-------------------------------------|----|
| WELCOME..... | 03 |
| PARENTS & FAMILIES WEEKEND | 04 |
| GETTING INVOLVED | 04 |
| THE FIRST YEAR | 05 |
| PARTNERING WITH PENN STATE..... | 06 |
| KEY DATES & ACADEMIC CALENDAR | 08 |
| NEW STUDENT ARRIVAL CHECKLIST | 09 |
| QUICK REFERENCE GUIDE | 10 |

ACADEMIC RESOURCES

| | |
|-------------------------------------|----|
| ACADEMIC COLLEGES..... | 13 |
| THE PENN STATE DEGREE..... | 14 |
| GENERAL EDUCATION REQUIREMENTS..... | 15 |
| ACADEMIC ADVISING | 16 |
| RESOURCES..... | 18 |

MONEY MATTERS & TECHNOLOGY

| | |
|--------------------------------|----|
| TUITION | 21 |
| STUDENT AID | 22 |
| STUDENT RECORDS & PRIVACY..... | 23 |
| LIONPATH..... | 24 |
| ID+ CARD..... | 25 |
| TECHNOLOGY | 26 |

CAMPUS LIFE

| | |
|------------------------------|----|
| STUDENT AFFAIRS..... | 29 |
| HOUSING & FOOD SERVICES..... | 33 |
| ARRIVAL & MOVE-IN | 33 |
| RESIDENCE LIFE..... | 35 |

HEALTH & SAFETY

| | |
|--|----|
| UNIVERSITY HEALTH SERVICES | 39 |
| COUNSELING AND PSYCHOLOGICAL SERVICES (CAPS) | 42 |
| SMART & SAFE AT STATE..... | 43 |
| STUDENT RIGHTS & RESPONSIBILITIES..... | 46 |
| UNIVERSITY POLICE & PUBLIC SAFETY..... | 48 |
| ALCOHOL & DRUG LAWS | 49 |

UNIVERSITY RESOURCES

| | |
|---|----|
| TRANSPORTATION, PARKING & VISITING CAMPUS | 53 |
| GETTING OUT OF TOWN | 53 |
| AREA LODGING..... | 53 |
| UNIVERSITY DIRECTORY | 54 |
| TALK LIKE A PENN STATER | 56 |

PARENT & FAMILY RESOURCES

- > Welcome
- > Parents & Families Weekend
- > Getting Involved
- > The First Year
- > Partnering with Penn State
- > Key Dates and Academic Calendar
- > New Student Arrival Checklist
- > Quick Reference Guide

A PENN STATE WELCOME

Dear Parents & Family Members:

A student's success depends on many things. It depends on a deep commitment and clear sense of purpose, a desire to take responsibility and make good choices, and an openness to learn from mistakes and embrace new challenges. In the most fundamental ways, a student's success depends on the student. It comes from within.

A student's success also depends on the support and encouragement of others. It depends on University programs and services designed and implemented with student success in mind. It depends on the support and love of parents and family members. It depends on you and us and so many others, and it requires our collective willingness, in just the right moment, to simply let go.

We want all Penn State students to have the opportunity to succeed. We want them to experience the excitement of discovery in their academic and personal pursuits, to learn, to grow, to find their life's path and purpose, to take responsibility for themselves and others. And we want them to do so safely and securely, challenged by the experience, but nurtured through it, too.

We cannot achieve that ambition without your direct involvement and contribution. Please participate in as many Parents Program activities and opportunities as time allows. Let us know what we can do for you. Tell us about your experience at Penn State. Help us be the very best we can.

With all of us working together, Penn State will remain among the finest universities in the land. Together, our students—all of them—will have every good chance to succeed. They and we should expect nothing less.

Sincerely,



Yvonne Gaudelius
Vice President and Dean for Undergraduate Education



Andrea Dowhower
Interim Vice President for Student Affairs

PENN STATE VALUES

Integrity • Respect
Responsibility • Discovery
Excellence • Community

PennState



INTEGRITY

We act with integrity and honesty in accordance with the highest academic, professional, and ethical standards.

RESPECT

We respect and honor the dignity of each person, embrace civil discourse, and foster a diverse and inclusive community.

RESPONSIBILITY

We act responsibly, and we are accountable for our decisions, actions, and their consequences.

DISCOVERY

We seek and create new knowledge and understanding, and foster creativity and innovation, for the benefit of our communities, society, and the environment.

EXCELLENCE

We strive for excellence in all our endeavors as individuals, an institution, and a leader in higher education.

COMMUNITY

We work together for the betterment of our University, the communities we serve, and the world.

MESSAGE FROM THE PARENTS PROGRAM

Welcome to the Penn State family!

At Penn State, we believe that student success is enhanced when parents and family members engage in an effective working partnership with the University.

Students will experience successes and challenges throughout their time in college. Understanding your new role as a coach or mentor can help your student succeed both in and out of the classroom.

The Parents Program is your resource. We are here to support you by:

- *Serving as a central resource for information and referrals*
- *Enhancing parent and family involvement opportunities*
- *Providing information about the student experience*
- *Communicating regularly with you*

This Parents and Families Guide is a primary source of information to assist you in supporting your student during their years at Penn State. Inside you will find helpful information about the college transition process; community standards and policies; academic requirements and services; opportunities and resources for student engagement beyond the classroom; and information about important student support services.

In addition, our website provides access to additional information and links to key offices throughout the University. The Parent and Family Experience emails will keep you up to date about resources and happenings on campus.

Our staff is available to help answer your questions, make referrals, and provide timely information to assist you. If you would like to learn more about volunteer opportunities available for parents and family members, we encourage you to visit the Parents Program website or contact our office.

We look forward to partnering with you!



Cynthia Hill, M.Ed.
Director, Penn State Parents Program

HOW TO GET INVOLVED

> parents.psu.edu

Parents Council

The Penn State Parents Council is a representative group of parents and family members who volunteer their time and share their knowledge and experiences. Additionally, the Parents Council acts as an advisory group to help undergraduate parents, families, and students foster a positive and lasting connection to Penn State. Applications for the Parents Council are available in October and new members are selected through an interview process.

Parent Ambassadors

Parent Ambassadors serve as volunteers at events and programs at the University Park campus and various off-campus locations. Ambassador opportunities include prospective student events, Parents and Families Weekend, on-campus welcome events, and Student Send-Off events. Applications for Parent Ambassadors are available in February.

Family Ambassadors

Passionate students are encouraged to get involved as Family Ambassadors. Family Ambassadors serve as volunteers to the Parents Program by supporting parents and families, assisting with office tasks, and planning Parents and Families Weekend programming, arrival, and other events.

Penn State Parents Fund

The Penn State Parents Fund receives donations from Penn State parents, guardians, and University community members. The Parents Fund supports programs that support students. They include Student Leadership Development programs, a range of services that assists students who are facing food and housing insecurity, wellness resources, and the Student Emergency Fund.

Thanks to the Parents Fund, Penn State students graduate with more than just a degree - they earn pride and confidence that will guide them as they enter the next chapters of their lives. Donate today at raise.psu.edu.

PARENT & FAMILY WELCOME EVENTS

Participate in a welcome event at the beginning of the semester to meet our staff, current parents, and students while getting answers to any lingering questions you may have. Welcome event details will be shared via an email from the Parent and Family Experience portal.

STAY CONNECTED

Parents Program

- 📞 Phone
(814) 863.1313
- ✉ Email
parents@psu.edu
- 🌐 Online
parents.psu.edu
- 📘 Facebook
Penn State Parents Program
- 📷 Instagram
PennStateParentsProgram
- 🌐 Parent & Family Experience Portal (Email Newsletter)
psu.campusesp.com
- 📍 219 Bank of America Bldg
University Park, PA 16802

Penn State

- 🌐 Online
psu.edu
- 📘 Facebook
pennstate
- 🐦 Twitter
PennState
- 📷 Instagram
pennstate
- 🎵 TikTok
pennstate
- 📱 Penn State Go App
Google Play or Apple App Store

PSU Alert

- 🐦 Twitter
PSUAlertUP
- 📘 Facebook
pennstate

SAVE THE DATE



Celebrating Penn State traditions is sweeter when shared with family. Join us for a special weekend designed just for you and your family, including a variety of campus-wide events and family-friendly programs.

A preliminary schedule of events and event registration will be available in August.

- > [September 29 - October 1, 2023](https://parents.psu.edu)
- > parents.psu.edu



THE FIRST YEAR

Your student's first year of college is a transition for the entire family. At Penn State, we use the First-Year Learning Outcomes (PG 7) to guide our work to support new students in this transition. New Student Orientation will introduce you and your student to the tools and resources that will help to set them up for success.

Parents and family members are a critical part of the support network for students. We hope this guide will serve as a resource to help you navigate the first year and beyond.

Understanding the First Year

Your student's first year of college may be emotional for both you and your student. Families who understand the transition to college and the cycle of the academic year can better help their student navigate important decisions and challenges.

The First Weeks: A New World

Students are experiencing college life for the first time. They are excited to explore many opportunities and are trying to make connections with other students, staff, and faculty. Students may be:

- *Excited, yet apprehensive*
- *Exploring new freedoms*
- *Learning to manage new responsibilities*
- *Feeling homesick and lonely*
- *Trying to find their place socially*
- *Anxious about new academic challenges*

Mid-Semester: Reality Check

Classes are in full swing. Early assignments and exams have been returned and students may be surprised (either pleasantly or unpleasantly) by their grades. Students start to realize that friends from the first few weeks may or may not stick around. The roommate honeymoon may end. Students may be:

- *Questioning academic abilities and choices*
- *Adjusting study habits, learning styles, time management and organizational skills*
- *Wondering if they fit in socially*
- *Seeking additional opportunities to become involved*
- *Dealing with consequences of poor decision-making*
- *Selecting appropriate courses for next semester*
- *Thinking about living arrangements and roommates for the next year*

End of the First Semester: Information & Stress Overload

Students are sorting out how to approach their first final exam period as the first semester winds down. The realization that academic work in college is much harder than high school has set in for many. For those who have procrastinated or stumbled in the early months, the pressure is now a reality. Students who are working or have joined various student organizations may have increased end-of-semester commitments. Students may be:

- *Anxious about preparing for final exams*
- *Finding it difficult to get along with their roommate*
- *Overwhelmed by their commitments*
- *Questioning their decision to attend college*
- *Excited or apprehensive to head home for break*

Home for Break: New Expectations

The first long break is welcomed by most students (and families) and they are usually eager to return home. They look forward to the comforts of home, privacy, reconnecting with friends, and some much needed rest. Tensions over curfews and family expectations can happen at this time. Communicating expectations in advance and keeping a sense of humor can help families enjoy this longer visit home.

Second Semester: A New Beginning

While a new semester is a fresh start, it is also heavily influenced by the experience students had their first semester and over the break. Some students will enjoy being home and reconnecting with their families and friends, which may make it harder to return, while others experience challenges at home that make them excited about being back on campus. Other elements like first semester grades and confidence in the friendships they established the last term, also influence their excitement or apprehension about the start of the new semester. During their second semester students may be:

- *Feeling a renewed interest in opportunities to make friends*
- *Getting more involved in cocurricular activities*
- *Finding a better balance between academic, cocurricular, and social commitments*
- *Contemplating their academic interests, strengths, and choice of major*
- *Exploring internships and opportunities for summer break*

Adapted from *Empowering parents of first-year college students: A guide for success* by R. H. Mullendore and L. Banahan (2007) and *The happiest kid on campus: A parent's guide to the very best college experience (for you and your child)* by H. Cohen (2010).

PARTNERING WITH PENN STATE

We recognize and appreciate the important role that you have played in the life of your student prior to arriving at Penn State. We want this role to continue by cultivating an effective partnership during your student's college career even as your role changes to that of a coach or mentor.

Your Student's Responsibility

At Penn State, we expect our students to:

- *Become increasingly responsible for their actions including their academic and social decisions*
- *Take the lead in solving their problems*
- *Abide by community standards*
- *Explore the educational opportunities available, select a major in which they will succeed and enjoy, and put forth their best efforts in the classroom*
- *Take advantage of the tremendous array of opportunities outside of class by choosing meaningful ways to become active citizens on campus and in the broader community*
- *Embrace opportunities to experience, interact with, and learn from the broad diversity of people in the Penn State community*

Penn State's Role

Penn State aims to:

- *Be a student-centered research university*
- *Have faculty, staff, and administrators that strive to support our students both in and out of class*
- *Provide the necessary resources and support services to enhance student success*
- *Provide a safe, healthy community for students to live, learn, and grow academically and socially*
- *Take an active role in meeting this goal through general outreach and communication to our parents and family members*

YOUR ROLE

Many incoming college students see their family members as trusted coaches and sources of support, which is not likely to change when they begin their Penn State career. Students need you to support their growth, development, independence, and to also be a stable force in their ever-changing world.

- **Support Student Autonomy**
Young adulthood is a time when your relationship changes from an adult-child relationship to an adult-adult relationship. Support your student's autonomy by actively redefining your relationship, relinquishing unnecessary control, encouraging personal responsibility and problem-solving, and supporting decisions made by your student. When a problem arises 'move like your feet are stuck in molasses' and allow your student time to learn how to fix their problems.
- **Stay Connected**
Expect that your student will not respond to all of your contacts whether by phone/text, email, or even "snail" mail, but know that they appreciate hearing from you. Visit, but not too often. Parents and Families Weekend, held September 29-October 1, 2023, is a great time to reconnect with your student.
- **Embrace Exploration**
Your student is experiencing new viewpoints and perspectives that may challenge prior belief systems. Allow them to explore ideas without being judgmental. Understand that changes in viewpoints, behavior, dress, eating and sleeping habits, and relationships with family members are all to be expected. However, if you suspect that some of these changes may be signs of bigger problems, trust your instincts. Your student may need you to refer them to the appropriate resources described in this guide for help.
- **Be Knowledgeable about Campus Resources**
Understand the resources available in this guide, the Parents Program website, and email newsletters. By acting as a referral source for your student, you can demonstrate that you are interested in your student's life at the University, and at the same time, empower your student to explore resources and solve their problems.
- **Continue Difficult Conversations**
You still have an influence on your student's behavior. In college, your student will have to make their own decisions about what time to get up in the morning, when to study, when to exercise, which organizations to join, what to eat, whether or not to drink alcohol, and whether or not to engage in romantic relationships. Although you cannot force your student to behave as you would want them to, you can create an atmosphere of open communication by listening and sharing family expectations.
- **Recognize the Challenges**
The first year of college can be full of indecision, insecurities, disappointments, and, most of all, mistakes. It's also full of discovery, inspiration, good times, and exciting people. The reality is that there are times in college when your student might experience all of the above, which is normal and to be expected.
- **Welcome Change**
Your student will change, and so will you. College and the experiences associated with it can effect changes in social, vocational, and personal behavior. These changes are natural and inevitable. They can also be inspiring or challenging. You can't stop change and you may never understand it, but you can accept it and support your student's decisions. Trust your student and trust the job you have done in getting them to this point.

Adapted from Helping your first-year college student succeed: A guide for parents by R. H. Mullendore and L. Hatch (2000).



PENN STATE FIRST-YEAR LEARNING OUTCOMES

> gened.psu.edu/learning-objectives

The First-Year Learning Outcomes were created to improve student success by increasing academic and social integration into the University. The vision that Penn State has for each student is highlighted in these Learning Outcomes. We hope your student will complete these outcomes by the end of their first year.

In addition to these Learning Outcomes, students will work towards achieving Penn State's General Education Learning Objectives.

- *Understand and meet academic expectations; engage in active learning and use effective time management skills to balance academic work with extra-curricular activities.*
- *Learn about the value of higher education to both society and to individuals; appreciate the value of the general education curriculum and the worth of lifelong learning and scholarship.*
- *Be familiar with student services and academic resources on campus; actively use those resources and interact with staff.*
- *Engage with faculty in and out of the classroom.*
- *Interact effectively with peers in social settings and through educationally purposeful student activities.*
- *Refine short-term and long-term academic goals; learn about career management; establish more specific career goals.*

- *Achieve a higher competency in writing, note-taking, active reading, critical thinking, and quantitative reasoning to be able to master college-level work.*
- *Expand knowledge of human diversity and cultural competence; effectively interact with others.*
- *Engage in activities leading to improved personal health and fitness; learn about making responsible decisions in a college environment.*

Approved by: The Pennsylvania State University First Year Experience Committee, April 2005.

KEY DATES 2023-2024 ACADEMIC YEAR

| | Summer Session II 2023 | Fall 2023 | Spring 2024 |
|--|---|--|--|
| Tuition Bill Arrives <i>(notification sent to student's Penn State email account)</i> | Begins Early May Billing for LEAP students begins in June | Begins Early August | Begins Early January |
| New Student Arrival | Visit arrival.psu.edu for more information | | |
| Welcome Week | Visit welcomeweek.psu.edu for a complete list of events | | |
| Classes Begin | June 28 | August 21 | January 8 |
| Drop Period | June 28 - July 1 at 11:59 p.m. ET | August 21 - 27 at 11:59 p.m. ET | January 8 - 14 at 11:59 p.m. ET |
| Add Period | June 28 - July 1 at 11:59 p.m. ET | August 21 - 27 at 11:59 p.m. ET | January 8 - 14 at 11:59 p.m. ET |
| Holiday | July 4: No Classes Independence Day | September 4: No Classes Labor Day | January 15: No Classes Martin Luther King Jr. Day |
| Parents & Families Weekend | N/A | September 29 - October 1 | N/A |
| Residence Halls Close | Visit liveon.psu.edu/university-park/important-dates | | |
| Semester Break | N/A | November 19 - 25: No Classes Fall Break | March 3 - 9: No Classes Spring Break |
| Late Drop Ends | July 31 at 11:59 p.m. ET | November 10 at 11:59 p.m. ET | April 5 at 11:59 p.m. ET |
| Withdrawal Deadline | August 9 at 5:00 p.m. ET | December 8 at 5:00 p.m. ET | April 26 at 5:00 p.m. ET |
| Classes End | August 9 | December 8 | April 26 |
| Study Day(s) | August 10 | December 9 - 10 | April 27 - 28 |
| Final Exams | August 11 | December 11 - 15 | April 29 - May 3 |
| Residence Halls Close | Visit liveon.psu.edu/university-park/important-dates | | |
| Commencement | August 12 | December 16 | May 3 - 5 |



NEW STUDENT ARRIVAL CHECKLIST FOR PARENTS & FAMILIES

Reminders for Your Student

Paying the Tuition Bill (PG 21)

- All students must sign a Financial Responsibility Agreement (FRA) in LionPATH prior to enrolling for classes each semester
- If you plan to view/pay your students' tuition bill, your student needs to grant you Authorized Payer Access in LionPATH
- The student and any authorized payers on the student account receive an email when tuition statements are ready (Payments are typically due on the 22nd of the month)
- To plan for future semesters, please visit tuition.psu.edu (Tuition rates for the academic year are set in mid-July)

Managing Healthcare Info (PG 41)

- Students must submit proof of immunization to University Health Services prior to orientation, visit studentaffairs.psu.edu/health
- Students must submit proof of adequate insurance in LionPATH
- Students without health insurance can purchase the Penn State Student Health Insurance Plan
- Your student should know their current and maintenance prescription medications (consider transferring any prescriptions to University Health Services Pharmacy) (PG 40)
- Make a copy of any insurance and prescription cards for your student to take to school
- Review with your student how to make an appointment with a health care provider, including University Health Services, and the importance of checking messages through a provider's secure portal

Preparing for the Semester

- View the academic calendar at registrar.psu.edu/academic-calendars
- View room assignment and roommate information at eliving.psu.edu (PG 33)
- Contact their roommate to make introductions and discuss what to bring
- Map out the location of classes at map.psu.edu
- Explore purchasing or renting textbooks (can be ordered online, bundled, and picked up) through the Penn State Bookstore at psu.bncollege.com
- Review housing check-in schedule and location, packing checklists, and helpful tips at arrival.psu.edu
- Add funds to the LionCash account at idcard.psu.edu
- Add cell phone numbers to the PSU Alert system at psualert.psu.edu to receive text and/or voice alerts
- If desired, grant parent Delegated Access in LionPATH to view class schedule, grades, etc. (PG 24)

Reminders for Parents and Families

Connecting with the Penn State Parents Program

- Sign up to receive emails from the Parent & Family Experience portal at psu.campusesp.com
- Participate in the Parent & Family Connections summer webinar series to learn more about student resources at parents.psu.edu
- Consider volunteering for the Parents Program at parents.psu.edu/get-involved
- Connect with Penn State and the Parents Program on Facebook and Instagram (PG 4)

Parents & Families Weekend: September 29 - October 1, 2023

- Save the date and explore details at parents.psu.edu
- Make travel and lodging arrangements early
- Explore details at parents.psu.edu

General Topics for Discussion

- Encourage your student to participate in Welcome Week activities at welcomeweek.psu.edu
- Discuss campus safety and decisions regarding alcohol and drug use (PG 48)
- Discuss time management, study skills, and mutual expectations for staying in touch
- Talk about and plan how your student will finance their education
- Provide remainder of life skills (including doing laundry, managing bank account, eating well, etc.)
- Remind your student to check their Penn State email account frequently

A QUICK REFERENCE GUIDE

> If you're unsure of who to contact, call or email the Parents Program at (814) 863.1313 or parents@psu.edu

As one of your student's most trusted sources of support, they may contact you when they hit a bump in the road. They may tell you about a grade, a roommate issue, or a challenging class. Don't try and solve their problem. It is important for students to advocate for their own needs and learn how to solve their own problems. If your student shares an issue, you should listen, encourage problem solving, and support their decision (even if you don't agree).

| Issue | Suggested Parent/Family Response | Resources for Students |
|---|---|--|
| Academic Problems | Is your student attending class regularly? Encourage your student to meet with their professor and/or academic adviser to discuss grades, attendance, test preparation, or other related issues. Faculty hold office hours for students and encouraging your student to visit the professor during office hours is more productive than trying to speak with them before or after class. Penn State Learning offers tutoring and guided study groups to students both virtually and in-person. | Faculty, Academic Adviser and/or Academic College (PG 16), Penn State Learning (PG 18), Student Care and Advocacy (PG 29), Counseling and Psychological Services (CAPS) (PG 42) |
| Academic Integrity | If academic integrity is in question, your student may receive a low or failing grade. They may also receive an administrative sanction from the Office of Student Accountability and Conflict Response. Your student should talk with an instructor about research expectations and source documentation preferences and resources. | Faculty, Academic Adviser and/or Academic College (PG 16), Student Accountability and Conflict Response (PG 46), Respondent Support Services (PG 29) |
| Alcohol/ Substance Abuse | Share your views on illegal and/or excessive drinking. Talk with your student about how much they are drinking and how it might be affecting their health, safety, and academics. Ask your student if they would make an appointment to talk with someone in Health Promotion and Wellness, CAPS, or the Collegiate Recovery Community (CRC). | Health Promotion and Wellness (PG 43), Marijuana Intervention Program (PG 43), BASICS alcohol education service, CRC (PG 29), CAPS (PG 42) |
| Anxiety/Stress | Anxiety and stress are expected responses to the demands of college that students may express directly or indirectly. Changes in your student's functioning that may suggest stress or anxiety include, but are not limited to, feeling they do not have enough time to complete tasks, feeling overwhelmed, sleep changes, and ongoing physical ailments (especially chest or stomach upset). If needed, you can recommend that they seek support from easily accessible resources on campus, such as physical fitness, virtual self-help platforms, self-care workshops, drop-in support groups, individual sessions with a health educator, or, if necessary, counseling services. | Health Promotion and Wellness (PG 43), Campus Recreation (PG 32), Residence Life (PG 35), University Health Services (PG 39), CAPS (PG 42) |
| Bias, Harassment, and/or Discrimination | If your student shares an incident that may be motivated by bias, they should report it using the online form available at equity.psu.edu/reportbias . Students can connect with a variety of resources for support. | Educational Equity (PG 19), Student Disability Resources (PG 19), Multicultural Resource Center (PG 19), Office of Veterans Programs (PG 19), Student Care and Advocacy (PG 29), CAPS (PG 42), University Police (PG 48), Student Affairs Diversity and Inclusion Offices: Paul Robeson Cultural Center, Center for Sexual and Gender Diversity, Gender Equity Center, Center for Spiritual and Ethical Development, Adult Learner Programs and Services (PG 29) |
| Chosen Name Process | To update personal identity information with Penn State, visit accounts.psu.edu . Students are able to access their personal information from the Account tile. They will be able to designate a chosen name, gender identity, and pronouns. For legal name changes students can connect with Student Legal Services. | Center for Sexual and Gender Diversity (PG 29), Gender Equity Center (PG 29), Student Legal Services (PG 30) |
| Disabilities | Encourage your student to be proactive and contact Student Disability Resources. Remind them to connect with the office prior to the start of each semester and to use the student community space for study areas, social opportunities, and connections to campus resources. | Student Disability Resources (PG 19), Student Care and Advocacy (PG 29), CAPS (PG 42) |
| Dropping a Class | Remind your student to check the drop deadline date and consult with their academic adviser. Discourage dropping a class until every other possibility is exhausted. Dropping a class can impact your student's financial aid and other opportunities such as joining a fraternity or sorority. Students may not receive a tuition refund if they drop classes after the semester starts. International students should check with the ISSA office as there are potential visa and/or other impacts when dropping a class. | Faculty, Academic Adviser (PG 16), Registrar (PG 23), Student Aid (PG 22), LionPATH Delegate Access (PG 24), Bursar's Office (PG 21), CAPS (PG 42), Penn State Global – International Student and Scholar Advising (ISSA) (PG 18) |
| Dropping a Class (Trauma Drop) | If your student is the victim of a crime that causes difficulty with grades, the student may be able to retroactively withdraw from a semester of classes without penalty to their GPA. | CAPS (PG 42), Gender Equity Center (PG 29), Student Care and Advocacy (PG 29) |
| Faculty Issues | Encourage your student to talk with their professors to discuss issues. If there is no resolution, they should consult with their academic adviser, contact the academic department, and/or meet with Student Care and Advocacy. | Faculty, Academic Adviser and/or Academic College (PG 16), Student Care and Advocacy (PG 29), CAPS (PG 42), Center for Spiritual and Ethical Development (PG 29) |

| Issue | Suggested Parent/Family Response | Resources for Students |
|--|---|--|
| Family Emergency | Keep your student informed about any serious family illnesses, if possible. Make sure your student is not alone when receiving bad news. A roommate or close friend can help. Encourage your student to seek help if they are struggling to function and/or feeling distressed. | Student Care and Advocacy (PG 29), CAPS (PG 42), Residence Life (PG 35) |
| Homesick | Prepare your student before school starts; schedule a time when they will visit home or when you will visit campus; encourage out-of-class activities; reassure your student that homesickness is normal and encourage your student to seek help if necessary. Let your student know that the feelings will subside as they feel more connected to people, classes, and groups on campus. Limit home visits during the first six weeks to facilitate and support the college transition. | Resident Assistant and/or Residence Life (PG 35), Student Leadership and Involvement (PG 31), Campus Recreation (PG 32), Center for Spiritual and Ethical Development (PG 29), CAPS (PG 42) |
| Lack of Direction | Students may struggle with finding their path both in and out of the classroom. Should your student be looking for opportunities or direction, encourage them to reach out to these resources. | Academic Adviser (PG 16), Career Services (PG 30), Resident Assistant and/or Residence Life (PG 35), Student Engagement Network (PG 31), Student Leadership and Involvement (PG 31) |
| Lost id+ Card | Students can place a hold on their id+ card or have it replaced for a small fee if their card is lost. | id+ Office (PG 25), Housing Commons Desk (PG 33) |
| Misconduct/ Legal Issues | When a student participates in behaviors that may violate the Student Code of Conduct and/or local, state, or federal law, there may be consequences through both the University and local law enforcement. As you provide support to your student through these processes, take a look at the Student Conduct and Student Legal Services websites. For situations which occur in the residence halls, Residence Life may be an appropriate resource. The Respondent Support Office can provide support as your student goes through the investigative process. | Student Accountability and Conflict Response (PG 46), Student Legal Services (Legal Issues) (PG 30), Residence Life (PG 35), Student Care and Advocacy (PG 29), CAPS (PG 42), Respondent Support Services (PG 29) |
| Money Issues | Discuss money issues, including budgets, before your student leaves home. Does your student have their own bank account? Who is paying the bills? Has your student granted you Authorized Payer Access to view the student account and view/pay the tuition bill? | Sokolov-Miller Financial and Life Skills Center (PG 21), Bursar's Office (PG 21), Student Aid (PG 22), Student Care and Advocacy (PG 29) |
| Reporting a Crime | If a student believes they are the victim of or witness a crime, there are multiple ways to report the crime to the police. For emergencies that require immediate assistance, always call 911. To report a crime anonymously that does not require immediate assistance, go to police.psu.edu and click on 'Report a Crime'. | University Police, 911, (814) 863.1111, police.psu.edu (PG 48) |
| Roommate Conflicts | Encourage your student to take time to work through conflicts; discuss the educational value of learning to get along with someone who is different; and encourage open communication. | Resident Assistant and/or Residence Life (PG 35); Off-Campus Student Support (PG 37), Student Accountability and Conflict Response (PG 45), CAPS (PG 42) |
| Safety Issues | The Penn State community is a safe area. The most frequently reported crimes are theft-of-opportunity and alcohol-related crimes. Encourage your student to lock their doors, to not leave their laptops and phones unattended, and to walk in groups at night. | Resident Assistant and/or Residence Life (PG 35), University Police and Safe Walk (PG 48), Student Affairs Diversity and Inclusion Offices (PG 29) Confidential Resources: CAPS (PG 42), Gender Equity Center (PG 29) |
| Sexual Misconduct, Dating Violence, Harassment, or Assault | If your student is a victim of sexual misconduct, dating violence, harassment, or assault, listen to them and let them share what they feel comfortable sharing. They can seek confidential medical and emotional support on campus. Encourage your student to report the incident to the Office of Sexual Misconduct Prevention and Response. Victims can also report the crime to University Police by calling 911, 814-863-1111 or online at police.psu.edu | Office for Sexual Misconduct Prevention and Response (PG 46), Residence Life (PG 35), University Police (PG 48), Student Accountability and Conflict Response (PG 46), Student Care and Advocacy (PG 29), Respondent Support Coordinator (PG 29) Confidential Resources: CAPS (PG 42), Gender Equity Center (PG 29), Center for Sexual and Gender Diversity (PG 29) |
| Student Illness | Your student should visit University Health Services or call the 24/7 nurse advice line. Same day appointments are typically available for acute issues, but students should call first thing in the morning to schedule. Reassure your student that antibiotics are not always necessary and won't be given unless there is evidence of a bacterial infection. In the event of an emergency, they should go to the local emergency room at Mount Nittany Medical Center. | University Health Services (PG 39), Mount Nittany Medical Center (PG 39), Student Care and Advocacy (PG 29) |
| Talk of Transferring | It is not uncommon for students to talk about transferring especially during the first year. Be patient, listen, and help them evaluate their options. | Academic Adviser (PG 16), Registrar (PG 23), CAPS (PG 42), Student Care and Advocacy (PG 29) |
| Unhappy/ Lonely/ Uncertainty about the College Experience | Some students may struggle to fit in at the beginning: this is normal. Try to get to the reason for their unhappiness or uncertainty. Is it social or academic? Encourage your student to get involved outside of class, seek help, or even just keeping their door open (literally) to meet other students. Send a care package from home. Nothing makes a friend faster than a box of homemade cookies to share. | Resident Assistant and/or Residence Life (PG 35), Student Engagement Network (PG 31), Student Leadership and Involvement (PG 31), Student Affairs Diversity and Inclusion Offices (PG 29), CAPS (PG 42), Student Care and Advocacy (PG 29) |

ACADEMIC RESOURCES

- > Academic Colleges
- > Orientation
- > The Penn State Degree
- > Grades and GPA-Equivalents
- > General Education Requirements
- > Academic Advising
- > Resources

ACADEMIC COLLEGES

Penn State grants degrees in majors housed within academic colleges. University Park campus is home to twelve of Penn State's academic colleges. Students should consider both the overall perspective of the academic college as well as a particular major when making decisions about academic direction. All first-year students are enrolled in an academic college or in the Division of Undergraduate Studies.

College of Agricultural Sciences

> agsci.psu.edu

The College of Agricultural Sciences applies life sciences and business principles to managing the environment and its resources.

College of Arts and Architecture

> artsandarchitecture.psu.edu

The College of Arts and Architecture refines students' creative talents and commitment to performance, design, and the visual arts.

Smeal College of Business

> smeal.psu.edu

The Smeal College of Business focuses on gathering, analyzing, and processing information for decision-making in the business world.

Donald P. Bellisario College of Communications

> bellisario.psu.edu

The Donald P. Bellisario College of Communications focuses on mass media's functions, responsibilities, changes, and impact on society.

Division of Undergraduate Studies

> dus.psu.edu

The Division of Undergraduate Studies (DUS) enrolls and advises students who are exploring majors in multiple academic colleges. DUS facilitates student exploration, engagement, and academic success by helping students identify an academic college and major. DUS does not grant degrees.

College of Earth and Mineral Sciences

> ems.psu.edu

The College of Earth and Mineral Sciences focuses on the earth, the environment, and energy resources through the study of the earth sciences.

College of Education

> ed.psu.edu

The College of Education focuses on learning processes and challenges and develops knowledge and skills in a content area to teach and counsel others.

College of Engineering

> enr.psu.edu

The College of Engineering focuses on the application of mathematical and physical science principles to solve technical and societal problems.

College of Health and Human Development

> hhd.psu.edu

The College of Health and Human Development seeks to improve human health and well-being through the study of science, business, and social and psychological sciences.

College of Information Sciences and Technology

> ist.psu.edu

The College of Information Sciences and Technology applies technology and teamwork principles to solving problems.

College of the Liberal Arts

> la.psu.edu

The College of the Liberal Arts develops knowledge in the social sciences, humanities, and languages, and builds critical thinking, complex reasoning, communications, and writing skills.

Ross and Carol Nese College of Nursing

> nursing.psu.edu

The Ross and Carol Nese College of Nursing develops professional and technical skills in health care.

Eberly College of Science

> science.psu.edu

The Eberly College of Science develops knowledge in the mathematical, physical, and life sciences as well as skills in scientific research.



ORIENTATION

Student Orientation and Transition Programs

- > [\(814\) 865.4178](tel:8148654178)
- > orientation.psu.edu

Student Orientation and Transition Programs (SOTP) provides programming for new and continuing Penn Staters. These programs also support the parents and families of new students. SOTP focuses on facilitating successful academic, social, and personal transitions to Penn State. The office does this through programs such as:

- *Change-of-Campus Orientation*
- *New Student Orientation (NSO)*
- *Transfer Student Orientation*
- *Welcome Week*

Current students serve as members of the Orientation Team. SOTP staff supports new students and their families at each step of their transition to Penn State.

> *The host of my NSO program is _____ and their email address is _____@psu.edu*

ALEKS Math Assessment

- > orientation.psu.edu/testing

The ALEKS Math Assessment evaluates a student's readiness to take college-level math and science courses. Since these courses are demanding, students need to begin in the course most likely to lead to success. Students will not be permitted to take a course unless they have demonstrated readiness – either through the ALEKS Math Assessment or by completing high school calculus. Students required to complete ALEKS will do so before attending New Student Orientation. Students wishing to retake ALEKS to improve their score may do so by using the learning modules within ALEKS. Students may retake the assessment up to two more times after using the learning modules (for a total of three attempts).

Students who have completed high school calculus but are concerned about their readiness to succeed in college-level mathematics and science courses are encouraged to take the ALEKS Math Assessment. They can use the additional information to make informed decisions in consultation with an academic adviser.

THE PENN STATE DEGREE

The Penn State undergraduate degree includes General Education, major degree requirements, and other academic experiences such as minors, internships, and/or undergraduate research. All three components together help students develop a solid foundation upon which they build a breadth of skills as well as the depth of knowledge in a specific content area.

General Education Requirements

- > gened.psu.edu

Connecting career and curiosity, the General Education curriculum provides the opportunity for students to acquire transferable skills necessary to be successful in the future and to thrive while living in interconnected contexts.

- *See PG 15 for the General Education Requirements chart*

Major Requirements

- > bulletins.psu.edu

Requirements differ for each major and in each academic college. Generally, major requirements include prescribed courses that all students in the major take, additional courses that all students choose from a select list, and supporting courses the students choose based on individual interests and goals. Students are encouraged to work with an academic adviser to clearly understand the specific requirements of majors of interest. General Education requirements may be partially incorporated into the requirements of a program. In addition, Bachelor of Arts (BA) and Bachelor of Science (BS) degree requirements may differ. Students are encouraged to work with an academic adviser to identify which degree best meets their needs.

Other Requirements

Depending on the college and major, a degree program may also include world language proficiency, internship experience, human diversity courses, and/or electives.

Entrance to Major

- > bulletins.psu.edu

There are more than 275 majors offered at Penn State. Most students will declare a major in their second year. Most majors at Penn State require a minimum cumulative grade-point average (CGPA) of 2.00 and third-semester standing for entrance. Some majors have additional requirements for entrance, a higher GPA, completion of specific courses, or demonstration of a special talent. A few majors have more applicants than can be accommodated because of space, faculty, or other resource limitations and are under administrative enrollment controls.

Administrative Enrollment Controls

- > bulletins.psu.edu/undergraduate/general-information/academic-information/administrative-enrollment-controls/

To be eligible for entrance to majors with administrative enrollment controls, students must be enrolled in the college offering the major or in the Division of Undergraduate Studies, be within a designated credit window, have completed the required prerequisite courses, and have the minimum CGPA required for the intended major. Additional requirements may also apply. Students are strongly encouraged to work closely with an academic adviser and to review the specific entrance criteria for intended majors at bulletins.psu.edu.

- > *Policy P-5: Administrative Enrollment Controls for Undergraduate Majors can be viewed by searching P-5 at undergrad.psu.edu/aappm.*

DEAN'S LIST

- > undergrad.psu.edu/aappm

In recognition of academic excellence, selected students are named to the Dean's List (policy G8) each semester.

- *Undergraduate students only (includes nondegree, degree-seeking provisional, and degree)*
- *Credit load requirement see policy G8*
- *Semester GPA of 3.50 or higher*
- *Satisfactory/unsatisfactory, and audit courses are not included in the determination of GPA or credit load.*

Dean's List notation will appear on the student's grade report and on the student's academic record.

GRADES & GRADE-POINT EQUIVALENTS

| Quality of Performance | Grade | GPA Equivalent |
|---|-------|----------------|
| Excellent: Exceptional Achievement | A | 4.00 |
| | A- | 3.67 |
| Good: Extensive Achievement | B+ | 3.33 |
| | B | 3.00 |
| | B- | 2.67 |
| Satisfactory: Acceptable Achievement | C+ | 2.33 |
| | C | 2.00 |
| Poor: Minimal Achievement | D | 1.00 |
| Failure: Inadequate Achievement | F | 0.00 |
| Academic Dishonesty | XF | 0.00 |

Items to Know

- **SGPA** = Semester Grade-Point Average
- **CGPA** = Cumulative Grade-Point Average
- **Dean's List** = 3.50 SGPA
- **Minimum Acceptable** = 2.00 CGPA

Minimal competitive CGPA at application:

- **Undergraduate Internships** = 3.00
- **Medical School** = 3.50
- **Law School** = 3.33

For more information about medical school or other health professions contact the Eberly College of Science at science.psu.edu/premed.

For more information about law school contact the Division of Undergraduate Studies at dus.psu.edu/prelaw.

GENERAL EDUCATION REQUIREMENTS

| Foundations: Build a basis of effective communication and quantitative literacy | |
|--|---|
| Credits | Requirements |
| <ul style="list-style-type: none"> • 6 units of Quantification (GQ) • 9 units of Writing and Speaking (GWS) | <ul style="list-style-type: none"> • C or better required • Single domain courses only |
| Breadth: Practice applying a specific way of constructing knowledge to examine a topic | |
| Credits | Requirements |
| <ul style="list-style-type: none"> • 3 units of Arts (GA) • 3 units of Humanities (GH) • 3 units of Natural Sciences (GN) • 3 units of Social and Behavioral Sciences (GS) • 3 units of Health and Wellness (GHW) | <ul style="list-style-type: none"> • Single domain courses only • Students choose courses outside their initial major prefix for GA, GN, GH, GS <ul style="list-style-type: none"> • <i>Example: ECON major may not select ECON courses; does not apply to GHW</i> |
| Integrative Studies: Practice synthesizing knowledge from different perspectives to examine a topic | |
| Credits | Requirements |
| <ul style="list-style-type: none"> • 6 units of Integrative Studies: Inter-domain (Inter-D) | <ul style="list-style-type: none"> • Select any two Inter-D courses that are not used for major program requirements |
| Exploration: Follow intellectual curiosity to deepen or widen learning | |
| Credits | Requirements |
| <ul style="list-style-type: none"> • 6 units of additional GA, GH, GN, GS, and Inter-domain courses and up to 3 units of World Language. Must include 3 units of GN course which may be Inter-domain. | <ul style="list-style-type: none"> • Students choose courses outside their initial major prefix for GA, GN, GH, GS • This category may be reduced to reflect courses prescribed by major programs. See details of intended major. • World Languages course at the 12th credit level of proficiency and beyond that exceed the student's minimum degree requirements. |

ACADEMIC ADVISING

> advising.psu.edu

Penn State students receive academic advising from primary-role and/or faculty advisers. Students can find their assigned adviser's contact information in Starfish, the University's online advising platform, at starfish.psu.edu.

An academic adviser will be assigned between the student's orientation and the start of classes. If a student does not yet have an assigned adviser, they should contact the advising center for the college in which they are enrolled for advising-related questions.

Academic adviser relationships at Penn State are initiated by students. Students are encouraged to meet with their adviser at least once a semester and as often as needed to successfully plan and manage their goals. Students are encouraged to build a relationship with their assigned adviser to help them be intentional about the educational opportunities available.

Academic advisers are prepared to:

- *Help students identify and achieve academic goals*
- *Promote intellectual discovery*
- *Encourage students to engage in both in- and out-of-class educational opportunities*
- *Encourage students to become self-directed learners and decision makers*

Academic Integrity

Penn State expects students to pursue their academics in an honest and ethical manner. The University takes violations of academic integrity very seriously. Please refer to PG 46 for more information.

Contacting Instructors

Students are expected to contact instructors if they have questions or concerns about course content, policies, or academic performance. College instructors are available during their office hours or by appointment. Office hours should be listed on the course syllabus (an outline of the course content, expectations, and grading basis). Family members should not contact instructors or academic advisers directly.

Syllabus

A syllabus is a document that summarizes course expectations and should be shared by the instructor on or before the first class meeting. In addition to describing the course and listing goals and objectives, syllabi include information about course grading, exams, attendance expectations and policy, course instructors, and required materials for the class. The syllabus should also state information related to instructions for campus closures, academic integrity, procedures for adjustments identified by the Office of Student Disability Resources, educational equity concerns, and Counseling and Psychological Services (CAPS). Students are responsible for reading and understanding the syllabus for each class. Any questions a student has regarding the syllabus should be asked early in the semester so that they have a clear understanding of what is expected in the course by the faculty member. Complete information on the Senate Policy on Syllabi can be found in Senate Policy 43-00 at policy.psu.edu.

Transferring Credit to Penn State

A student who does advanced work in secondary school may earn credit through the Advanced Placement (AP) or International Baccalaureate (IB) exams, which are based on college-level study, depending on the grade earned on the exam and the level of the exam taken. A-Level exams completed by international students may also be considered for credit. Penn State students may also transfer credits from courses taken at another higher education institution in order to meet degree requirements.

The online transfer credit tool can be used to search for courses at other institutions. Credit can also be awarded for non-academic training through prior learning assessment. Visit admissions.psu.edu/info/future/transfer/credit.

When awarded, all transfer credits are recorded on the student's transcript, but no grade is recorded, and the student's grade-point average is not affected. Students should speak with a college adviser regarding the ability to transfer course credit toward their intended degree. Additionally, because there is a lower- and upper-division tuition differential, students should contact the Office of the Bursar (PG 21) for help in determining the potential impact of transfer credits on their tuition.

ACADEMIC ADVISING CENTERS

College of Agricultural Sciences

- > 101 Ag Admin Building
- > (814) 865.7521

College of Arts and Architecture

- > 104 Borland Building
- > (814) 865.9523

Smeal College of Business

- > 202 Business Building
- > (814) 863.1947

Donald P. Bellisario

College of Communications

- > 204 Carnegie Building
- > (814) 865.1503

Division of Undergraduate Studies

- > Grange Building Lobby
- > (814) 865.7576

College of Earth and Mineral Sciences

- > 14 Deike Building
- > (814) 863.2751

College of Education

- > 228 Chambers Building
- > (814) 865.0488

College of Engineering

- > 208 Hammond Building
- > (814) 863.1033

College of Health and Human Development

- > 5 Henderson Building
- > (814) 865.2156

College of Information Sciences and Technology

- > E103 Westgate Building
- > (814) 865.8947

College of the Liberal Arts

- > Find advisers at la.psu.edu
- > (814) 865.2545

Ross and Carol Nese College of Nursing

- > 210 Nursing Sciences Building
- > (814) 863.2229

Eberly College of Science

- > 225B Ritenour Building
- > (814) 863.3889

Health Professions Advising

- > 225B Ritenour Building
- > (814) 863.3889

Pre-Law Advising

- > Grange Building Lobby
- > (814) 865.7576



LIBERAL AND PRACTICAL EDUCATION
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ACADEMIC RESOURCES

Penn State Bookstore

- > [HUB-Robeson Center](#)
- > [\(814\) 863.0205](#)
- > [psu.bncollege.com](#)

The Penn State Bookstore provides textbooks, school supplies, and technology for all courses offered by Penn State. In addition, the bookstore has an extensive selection of school spirit clothing and gifts, a newly renovated Tech Store that is an Apple Authorized location, a Graduation Zone, and a student study space. The store also offers an extensive general book department as well as a Barnes & Noble Cafe that proudly serves Starbucks coffee.

Penn State Global

- > [\(814\) 865.7681](#)
- > [global.psu.edu](#)

Penn State Global oversees many of Penn State's international activities. As we emerge from a worldwide pandemic, global competence is more vital than ever. Penn State Global is leading Penn State's transformation into a truly global University. The office seeks to create a new generation of global citizens. Penn State Global offers:

- *Approximately 300 programs in 50 countries. Students from all majors can take classes in their major or minor and general education classes.*
- *Many funding opportunities to support study abroad experiences.*
- *Services for international students and scholars that include immigration assistance, a comprehensive orientation, engagement opportunities, and a welcoming environment.*
- *New and existing partnerships with institutions around the globe. Penn State works with international partners in research and service on world issues.*
- *Support for faculty including international components in coursework.*

Penn State Learning

- > [\(814\) 865.2582](#)
- > [pennstatelearning.psu.edu](#)

Penn State Learning provides no-cost, instructor-approved tutoring, and guided study groups to currently enrolled undergraduate students. All tutors are students who have recently taken many of the courses they tutor and who are well-equipped to help their peers. At Penn State Learning, students may:

- *Drop in or make an appointment to see a math, writing, or world language tutor.*
- *Join face-to-face or hybrid guided study groups for select math, science, statistics, and economics courses.*
- *Apply to be a tutor in subjects in which they excel.*
- *Participate in Study Smarter workshops and adjust to the demands of college learning.*

ACADEMIC RESOURCES

Schreyer Honors College

- > (814) 863.2635
- > shc.psu.edu

Current Penn State students can apply for admission to the Schreyer Honors College, which is consistently ranked as one of the nation's top public honors colleges and is widely recognized as one of the foremost undergraduate programs in the United States. The honors experience at Penn State provides students with support and opportunities to explore their passions and individualize their academic journey. Scholars benefit from small class sizes, honors courses taught by leading faculty, and grants and scholarships that assist with travel, research, and internships. Scholars also benefit from dedicated career services and mentoring connections with Penn State alumni across a spectrum of professions.

Student Success Center

- > (814) 865.6101
- > success.psu.edu

The Student Success Center supports students on the pathway to achieving their academic goals. Earning a college degree is a personal journey, but Penn State undergraduate students do not have to navigate the challenges of college alone. The Student Success Center specializes in support services for first-generation undergraduate students, offers completion support for students experiencing hardship near the end of their academic pathway, and by offering community information, advocacy, and resource wayfinding for students at University Park and across the Commonwealth.

Undergraduate Research and Fellowships Mentoring

- > (814) 863.8199
- > urfm.psu.edu

The Undergraduate Research and Fellowships Mentoring (URFM) Office aspires to enrich the educational experiences of Penn State undergraduates by promoting awareness and understanding of research and fellowship opportunities. The URFM office hosts regular information sessions and workshops, offers individual advising for students interested in exploring undergraduate research or applying for fellowship opportunities, as well as coordinates Penn State's Undergraduate Research Ambassadors. In collaboration with the University Libraries, the URFM office also offers the Spark Program which provides select first- and second-year students with a deep dive into Penn State opportunities and a head start at applying for undergraduate research and fellowship opportunities.

University Libraries

- > (814) 865.6368
- > libraries.psu.edu

The University Libraries' five locations offer students a base for academic, social, and cultural endeavors. University collections surpass eight million titles, including e-books, 942 online databases, and 225,000 online journals. University Libraries provides on-demand research assistance via the Ask a Librarian service, access to physical and electronic textbooks and course materials, and discipline-specific help through subject and course guides. Pattee Library's Knowledge Commons houses multimedia production space, presentation practice rooms, and virtual reality spaces.

Office of the Vice Provost for Educational Equity

- > 314 Old Main
- > (814) 865.5906
- > equity.psu.edu

The Office of the Vice Provost for Educational Equity serves as a catalyst and advocate for Penn State's diversity and inclusion initiatives. Educational Equity's vision is a community that is an inclusive and welcoming environment for all. The following offices are within Educational Equity:

Multicultural Resource Center

- > 220 Grange Building
- > (814) 865.1773
- > equity.psu.edu/mrc

The Multicultural Resource Center (MRC) provides individual college counseling and educational services for undergraduate students who self-identify as African/Black American, Hispanic/Latinx American, Asian Pacific Islander Desi American, or American Indian. MRC counselors work with students on a variety of topics involving University policies and procedures, financial aid concerns, tutoring referrals, strategies for academic success, and career matters to assist them in attaining their educational goals.

Student Disability Resources

- > 116 Boucke Building
- > (814) 863.1807
- > equity.psu.edu/sdr

Student Disability Resources (SDR) promotes a welcoming and inclusive environment for students with disabilities. The SDR staff determine reasonable accommodations to ensure equal access to academics and University life. Examples of accommodations may include extended time for tests, "read aloud" software, sign language interpreting, captioning, and note-taking help. In addition to accommodations, SDR offers academic coaching on time management and organization, connections to on and off-campus resources, and student community/lounge space for studying or peer fellowship and support opportunities.

Office of Veterans Programs

- > 138 Ritenour Building
- > (814) 863.0465
- > equity.psu.edu/veterans

The Office of Veterans Programs is organized as a comprehensive, direct-service unit for military-connected students, including Department of Veterans Affairs (DVA) benefits recipients. The office is staffed by five full-time professionals and approximately 20 military-connected students who work part-time under the provisions of DVA work-study. The staff and students provide services in three major areas: programming and outreach, educational benefits certification, and general counseling.

MONEY MATTERS & TECHNOLOGY

- > Tuition
- > Student Aid
- > Student Records and Privacy
- > LionPATH
- > ID+ Card
- > Technology

TUITION

Office of the Bursar

- > [103 Shields Building](#)
- > [\(814\) 865.6528](#)
- > [bursar.psu.edu](#)

The Office of the Bursar is responsible for maintaining student accounts in reference to acceptance fees, tuition billing, charges, payments, and refunds.

Tuition Statement

Account statements are prepared every month. The due date is indicated on the statement. Billing begins in early August for the fall semester, early January for the spring semester, and May for the summer semester. Billing for LEAP students usually begins in June.

Students will receive notification via their Penn State email account* when their statement is available to view/pay in LionPATH. Residence hall charges are included on the statement, if applicable. Paper statements are NOT mailed.

**The Office of the Bursar, as well as other Penn State departments, will communicate important information to students through their Penn State email account. Students should regularly monitor their PSU email account.*

Financial Responsibility Agreement

Students must sign a Financial Responsibility Agreement (FRA) before enrolling in classes each semester. The FRA is a student's promise to take responsibility for payment of their account.

Paying Tuition

The eCheck option is a fast and convenient online method to pay the tuition statement directly from a personal checking account drawn on a U.S. bank. There is no charge to pay by eCheck. Online credit card payments (Visa, MasterCard, Discover, or American Express) are also accepted. A service fee will be charged for credit card payments. eCheck and credit card payments are posted to the student account immediately.

If you want to mail a check, a payment stub should be printed and mailed with the payment to Penn State. Please allow seven to ten business days for the payment to be received and posted to the student account. A late fee applies if payment is not posted to the student's account by the due date indicated on the statement.

Payment Plans

Penn State offers an Installment Payment Plan every semester. Enrollment in the plan allows students/authorized payers to pay the semester charges (tuition, fees, and room and meals, if applicable) over four months in the fall and spring semesters, and three months in the summer. There is a \$45 non-refundable enrollment fee per semester, which covers administrative costs. The payments can be made with eCheck or credit card (Visa, MasterCard, Discover, or American Express).

The link to enroll online in the payment plan is available on the student account once the first billing statement for the semester is issued. Students/authorized payers can enroll in the plan online with 1/4 of the balance for fall and spring or 1/3 for summer. Enrolling after the first installment due date will require an initial payment of 1/2 of the balance for fall and spring or 2/3 of the balance for summer (subject to change). Please check the Bursar's website for actual installment dates.

Additional Student Aid

The Anticipated Financial Aid section on a student's tuition statement reflects the most current known available financial aid. Students with scholarships, grants, or loans that are not reflected on their statement should contact the Office of Student Aid (PG 22).

Outside Scholarship Information

Many students will receive scholarships from various organizations, agencies, and foundations as they graduate from high school. For your student's tuition statement to reflect these outside awards, it is important to send the scholarship checks as early as possible to the address below. Checks must be made payable to Penn State and the student (and be signed by the student for processing) or just made payable to Penn State. Please include the student's PSU ID in the memo line.

- > [Office of the Bursar](#)
[Attn: External Awards](#)
[109 Shields Building](#)
[University Park, PA 16802](#)

eRefund

A refund will be issued if there is a credit balance on the student account. eRefund is an electronic deposit of a refund into the student's bank account and the fastest and most convenient delivery of refunds to students. eRefund is only available to students. Parents receive Parent PLUS loan refunds by paper check.

Tuition Assessment and Planning

- > [tuition.psu.edu](#)

Penn State assesses tuition based on the student's campus, college, major, residency classification, credit load, and semester classification. Once an undergraduate student completes 59.1 or more total credits (which include credits earned through advanced placement or transferred from another institution), the student is considered to have obtained Junior/Senior status at Penn State. The Board of Trustees approves the tuition and fees for the academic year in mid-July each year.

By law, Penn State representatives can only respond or speak about the student account with the student and individuals designated as an Authorized Payer by the student. Be sure to ask your student to share any pertinent student account information with you or grant you Authorized Payer access to their student account in LionPATH. Learn more about FERPA and student confidentiality on PG 23.

> Remind your student to:

- > [Sign up for eRefund \(direct deposit\)](#)
- > [Grant online Authorized Payer Access for parents/others \(optional\) \(PG 24\)](#)
- > [Grant online Delegated Access for parents/others \(optional\) \(PG 24\)](#)

THE PENN STATE SOKOLOV-MILLER FAMILY FINANCIAL AND LIFE SKILLS CENTER

- > [financialliteracy.psu.edu](#)
- > [\(814\) 863.0214](#)

The Penn State Sokolov-Miller Family Financial and Life Skills Center's mission is to provide students with the ability to use knowledge and skills to manage financial resources effectively for a lifetime of financial well-being. The following services are provided at no additional cost:

- *Workshops and presentations for classes, clubs, and organizations*
- *Personal one-on-one sessions with staff and/or trained student ambassadors*
- *Free bimonthly public webinars every other Tuesday at noon*
- *Online self-study modules covering 28 personal finance topics*
- *Financial literacy mentorship program to connect students with alumni*

STUDENT AID

Office of Student Aid

- > [314 Shields Building](#)
- > [\(814\) 865.6301](#)
- > [studentaid.psu.edu](#)

The Office of Student Aid administers major types of federal, state, and University financial aid and coordinates multiple funding sources on behalf of sponsoring agencies. The primary sources of student aid funding at Penn State come from federal and state programs.

Applying for Aid

- > [studentaid.gov](#)

You and your student must complete the Free Application for Federal Student Aid (FAFSA) each academic year for your student to be considered for financial aid, including grants, scholarships, loans, and work-study. The FAFSA is the ONLY application required to be considered for most need-based aid at Penn State. Complete the FAFSA or submit corrections online at [studentaid.gov](#).

Students need to submit the 2023-24 FAFSA to be considered for aid for fall 2023, spring 2024, and summer 2024. Students who are admitted for summer 2023 also need to submit the 2022-23 FAFSA by June 30, 2023, if they wish to be considered for aid for summer 2023.

Student Aid Notification

Students who submit the FAFSA will receive an email notification from the Office of Student Aid with information about the types of aid they are eligible to receive.

Federal Direct Subsidized and Unsubsidized Loan

To receive Federal Direct Loans, your student must:

- *Submit the FAFSA at [studentaid.gov](#)*
- *Accept the loan in LionPATH*
- *Sign a Direct Loan Master Promissory Note (MPN) at [studentaid.gov](#)*
- *Complete Entrance Counseling at [studentaid.gov](#)*

After all the steps above have been completed, the Federal Direct Loan will appear as a credit on the student's bill.

Federal Direct Parent PLUS Loan

The financial aid listed on the Award Summary in LionPATH may not cover all educational costs. As a parent, you may apply for a Federal Direct Parent PLUS Loan. This is a federal loan available only to parents/stepparents of dependent undergraduate students.

Private Alternative Loans

If the PLUS loan is not an option for you, your student can seek additional funding from private alternative loans, which typically require a cosigner.

Scholarships

- > [studentaid.psu.edu/types-of-aid/scholarships/academic-colleges](#)

All admitted students who submit the FAFSA to Penn State are considered for scholarships awarded by the Office of Student Aid. If your student was awarded a scholarship from the Office of Student Aid, it will be listed on the Award Summary in LionPATH. Some academic colleges, campuses, and administrative units require separate applications.

Work Study

- > [hr.psu.edu/careers](#)

All students who submit the FAFSA to Penn State by December 1 and answer "yes" to the federal work study question on the FAFSA are considered for work study. If your student was awarded work study, it will be listed on the Award Summary in LionPATH.

If your student did not receive a work-study award, there are many employment opportunities available on campus.

For more information on work study, visit [studentaid.psu.edu/types-of-aid/employment/other](#).

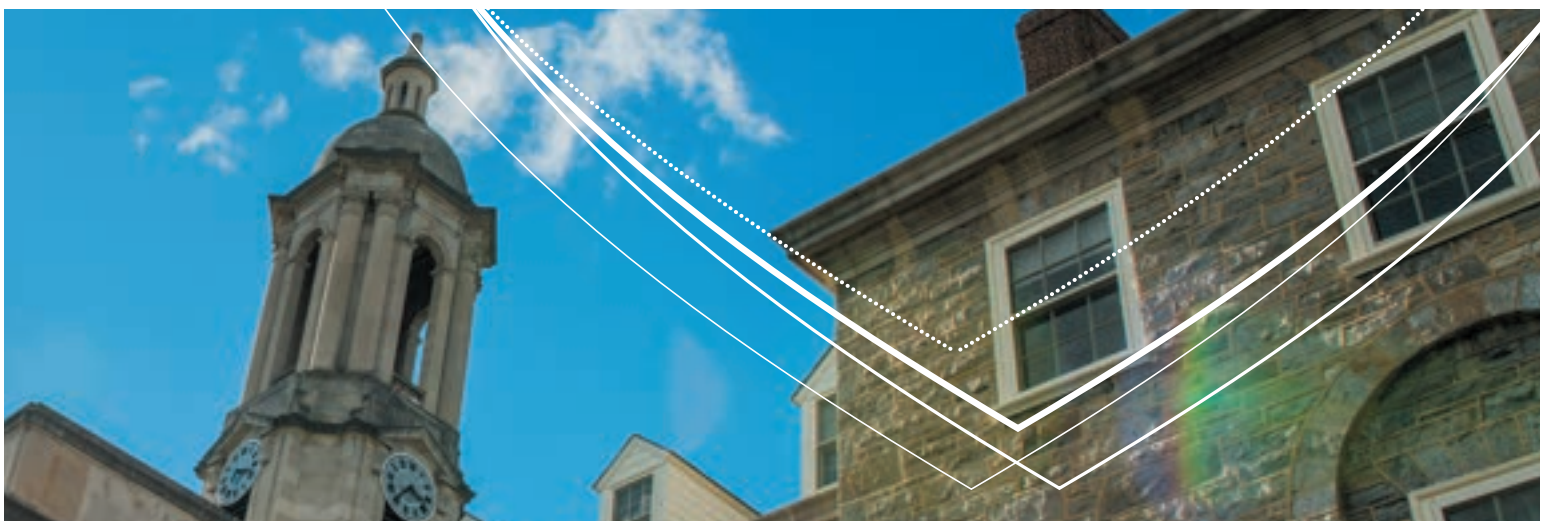
Rights and Responsibilities of a Financial Aid Recipient

As a financial aid recipient, your student must be well informed about their rights and responsibilities. Be sure that your student carefully reviews this important information on the Office of Student Aid's website and understands Penn State's Satisfactory Academic Progress Standard and what is required of students to remain eligible for student aid.

FAFSA Verification

The Office of Student Aid is required by the federal government to confirm the accuracy of the information submitted on the FAFSA, a process known as verification. If students are selected for verification by Penn State, they will be notified by the Office of Student Aid. This notification will include the specific information needed and a due date. Please respond promptly to any requests from the Office of Student Aid for verification documents to avoid a delay in the processing of student aid. Please do not submit any documents unless you or your student receives a request.

> *Students should check Penn State email frequently. The Office of Student Aid communicates with students through their Penn State email account. They will also be able to access their student aid information in LionPATH. Be sure to ask your student to share any pertinent student aid information with you or grant you access to their Award Summary in LionPATH.*



STUDENT RECORDS AND PRIVACY

Office of the University Registrar

- > [112 Shields Building](#)
- > [\(814\) 865.6357](#)
- > [registrar.psu.edu](#)

The Office of the University Registrar is responsible for student academic records and related processes, including registration, academic transcripts, confidentiality of student records, grade reporting, graduation, diplomas, enrollment verification, and degree audits. The office's goal is to provide students with accurate and complete information in an expedited and efficient manner.

Student Educational Records

The Federal Family Educational Rights and Privacy Act of 1974, FERPA (also known as the Buckley Amendment), is the federal law that protects the privacy of student education records and identifies the rights with respect to student education records kept by institutions.

Penn State is committed to maintaining the privacy and confidentiality of the student's Social Security number. The primary student identification number used to conduct University business is the Penn State ID number (known as PSU ID).

Student Rights Under FERPA

Under FERPA, institutions may not release education records, except under certain circumstances, without written consent from the student. This regulation does not apply to information that the University has identified as directory information (e.g. name, address, phone number, major) unless the student has blocked disclosure of such information. The primary rights of students under FERPA include the rights to:

- *Have some control over the disclosure of information from their education records*
- *Inspect and review their educational records*
- *Request the amendment of inaccurate or otherwise inappropriate education records*

To view a comprehensive list of directory information, visit [registrar.psu.edu/confidentiality/directory-information.cfm](#).

Parent and Family Rights Under FERPA

When a student reaches the age of 18 or begins attending a postsecondary institution, regardless of age, FERPA rights transfer from the parent or guardian to the student. This means that you may not obtain your student's education records (including end of semester grades) without the written consent of your student. Parents may, with the student's permission, access their student's grades and other portions of their student's education record online through Delegated Access (PG 24) in LionPATH.

Withhold Directory Information

Under FERPA, an institution is permitted to release directory information without written consent from the student. However, a student has the right to prevent this release in one of two ways. The student must complete and sign the Request to Withhold Directory Information form found on the Registrar's website under Student Forms. The signed form must be taken in person or mailed along with a copy of photo identification to the Registrar's office. Students with access to LionPATH may complete the request in the following ways:

- *Complete and submit the Change Directory Info (FERPA) form in LionPATH*
- *Upload a clear and valid photo identification to your request*
- *An email notification will be sent to your student's official Penn State email account when the withholding of directory information is in effect*

Withholding directory information means:

- *Student name/address is excluded from the online directory*
- *Student name will not appear in the commencement program*
- *Verification of enrollment, graduation or degrees awarded will not be provided to third parties, including potential employers*
- *No information about the student will be released to any person (including the student) on the telephone or via email*

Release Directory Information

If a student later wishes to remove the directory hold, the student must complete and sign the Request to Release Directory Information form found on the Registrar's website under Student Forms. The signed form may be taken in person or mailed along with a copy of photo identification to the Registrar's office.

Enrollment Verification

Insurance companies, financial lenders, or employers may require proof that a student was or is currently enrolled at Penn State. Enrollment verification provides proof of enrollment, graduation, student status, and other related information.

Currently, enrolled students may use the Enrollment Verification under Academic Records in LionPATH Self Service. The student may print an unofficial copy and mail it to the requesting agency, or they may request an official verification, containing the University Registrar's signature and University seal on security paper, to be mailed to the specified address via first-class U.S. mail within three business days. This function is also available to families through the LionPATH Self Service if their student has granted them Delegated Access.

Because of the volume of requests received, the Registrar is unable to complete agency-supplied verification forms. The official University enrollment verification document can be attached to the original agency-supplied form.

All other parties may contact the National Student Clearinghouse for verification of students' enrollment and degree information at [studentclearinghouse.com](#).

Leaving the University

Students should carefully consider all the consequences to leaving Penn State before they complete the process. There are ramifications for financial aid, loan repayments, and health insurance. In addition, there are processes that must be followed when a student determines that they are ready to return to the University. For information about leaving the University and proper processes, visit [registrar.psu.edu/enrollment/leaving/index.cfm](#).



LIONPATH

> public.lionpath.psu.edu

LionPATH is Penn State's student information system. Students use LionPATH to enroll in classes, view financial aid, pay tuition, check grades, submit health insurance information, and more.

You can view your student's data--such as grades, financial aid, and class schedules--by using Delegated Access. In addition, you can pay tuition by using Authorized Payer Access. Delegated Access and Authorized Payer Access are two separate functions within LionPATH. For more information and to view tutorials, visit lionpathsupport.psu.edu/parent.

Using Delegated Access

For you to access student data in LionPATH, your student must first provide access to you.

Step One

Provide your student with your email address to receive your activation email. This email will also serve as your login ID.

Step Two

Once your student has given you access, you will receive an activation email that will contain a login ID, temporary password, and a link for you to log in and view those areas your student has shared.

Note: If you are a Penn State employee or student, the link to view shared information is a different URL than you may normally use to access LionPATH.

- For staff who are students AND use LionPATH in daily work, use lionpath.psu.edu
- For all staff who have been given Delegated Access by their student, use public.lionpath.psu.edu and click on the Delegated Access tab

Delegated Access for Multiple Students

If you have more than one student and both delegate access to you, use the same email address and password to access information shared by each student. The email initiated by the first student will include a temporary password. After you reset your password, emails sent from additional students will not contain a temporary password. When multiple students give you Delegated Access, each is listed when you login; however, you can only view one student's data at a time.

View and Pay Tuition Using Authorized Payer Access

Your student can give you access to view the Student Account Statement, make payments, enroll in the Installment Payment Plan, and access IRS Form 1098-T by using Authorized Payer Access. Your student grants you access through the student account in LionPATH. After access is granted, a login ID, temporary password, and login link will be sent to you via email.

Federal law prohibits Penn State representatives from corresponding or speaking about the student's account with anyone other than the student unless the student has designated the individual as an Authorized Payer.

Authorized Payer Access for Multiple Students

If you have more than one student at Penn State, regardless of campus, you can easily link your students' accounts. You will receive a separate user ID and a separate temporary password for each student via email once the students grant you Authorized Payer Access.

How to Link Multiple Accounts

- Visit public.lionpath.psu.edu and click on the Authorized Payer Access tab.
- Use your Authorized Payer user ID and password you received via email. You must use the correct User ID and password when accessing each student's account and you must log in at least once to each account to be able to link the students' accounts. Once the student accounts are linked you only need to log in to one of the student accounts.
- Navigate to the My Account section on the left side menu of the Student Account Dashboard to manage your account.
- To use Authorized Payer access for multiple students, click on the pencil icon next to the student's name on the Overview section on the left side menu.
- The student's page displays the name of the student you are currently viewing.
- If another student has given you access to view their account, and you have logged in at least once to that student's account, you will see that student's account listed as other students (click the View box to switch to the other student account).

> Access to view and pay tuition is provided when your student grants you Authorized Payer Access in LionPATH. Authorized Payer Access is separate and in addition to the Delegated Access that the student grants via LionPATH for academic information.

ID+ CARD

ID+ Office

- > [HUB-Robeson Center, Lower Level](#)
- > [\(814\) 865.7590](#)
- > [idcard.psu.edu](#)

The id+ Office issues University ID cards and is the central office responsible for the support of all ID card-related services.

id+ Card

Your student is required by University policy to obtain and carry the Penn State id+ card at all times. The id+ card is transferrable between Penn State campuses. The id+ card is a vital part of life at Penn State, providing easy access to University resources and services, such as library services, access to the residence halls, athletic events, and testing centers. The id+ card is also the mechanism used for accessing the Campus Meal Plan, LionCash, and (optional) PNC Bank accounts.

LionCash

- > [idcard.psu.edu/lioncash](#)

LionCash is Penn State's prepaid spending account. It is a safe and easy way for your student to make purchases on campus and around town. LionCash is accepted at over 200 participating locations, including on-campus printing, vending, laundry, and copy machines. LionCash is the only accepted payment method for on-campus laundry facilities. To activate your student's LionCash account, simply make an initial deposit online or at the id+ Office. There are no fees to use the account and balances carry over from semester to semester and from year to year. Upon graduation, withdrawal, or at the end of the spring semester, your student may request a refund for the balance remaining in their account (less a \$10 processing fee).

LionCash Deposits

- > [idcard.psu.edu](#)

Family and friends may deposit funds into a student's LionCash account online with a MasterCard, Visa, American Express, or Discover card. Deposits are processed as a standard purchase, not a cash advance, and are processed in real-time so funds are immediately available. Access to deposit LionCash is also available on the Penn State Go app.

Your student can manage LionCash and Campus Meal Plan online. Your student can check account balances, review and email transaction history, and deactivate a lost or stolen id+ card. If your student works on campus, he or she may also sign up for payroll deductions into their LionCash account.

id+ Card and PNC Bank Accounts

- > [pnc.com/psu](#)

With 12 ATMs and a Customer Service Center on campus, PNC makes banking easy for students. Through an exclusive banking partnership with PNC Bank, your student may link a PNC checking account to the id+ card so the id+ card can be used to get cash at any ATM. Your student will have free access to their account at more than 7,100 PNC Bank ATMs, online and text message banking, and account alerts that help them keep track of their checking balance.

One Card Access

The Campus Meal Plan, LionCash, and PNC Bank accounts can be accessed using the id+ card even though they are three separate accounts. The technology eliminates the need for your student to carry multiple cards on campus by using one card to access multiple accounts.

- *If your student uses the id+ card to purchase any on-campus dining facility or eatery, the funds will be deducted from the Campus Meal Plan account.*
- *If your student uses the id+ card to purchase at an off-campus LionCash Merchant location, at an on-campus location that is not a Food Service operation such as the Penn State Bookstore, or in an on-campus printer, copier, laundry, or vending machine, the funds will be deducted from the LionCash account.*
- *If your student uses the id+ card in an ATM to withdraw or deposit money, the transaction will be deducted from the student's PNC account.*

Mobile Id+ Card

- > [idonline.psu.edu/mobile-id-card](#)

Penn State students can access University resources through a mobile id+ card as well. Once added to their iPhone, Apple Watch, or Android device the mobile id+ card can be used to access campus housing facilities, securely make transactions to purchase meals across the University, and use LionCash anywhere it is accepted, such as to pay for on-campus laundry.

Replacing the id+ Card

If your student's id+ card has been lost or stolen, your student should immediately deactivate it online, in person at a Commons Desk, or at the id+ Office. Deactivating the card will suspend residence hall access, Campus Meal Plan, and LionCash access. If the card is found before a replacement id+ card is issued, it may be reactivated online within seven days of being deactivated. For IDs not recovered, a new id+ card may be obtained at the id+ Office for a fee. After hours, your student may obtain a temporary replacement ID at their Commons Desk for a nominal fee until they can visit the id+ Office. New or replacement IDs will be active immediately for residence hall access, Campus Meal Plan and LionCash account. Access to testing centers is not available on the temporary replacement IDs.

The PNC Bank relationship benefits students and the University. The University receives financial support from its relationship with PNC Bank. Annual financial support from PNC Bank helps to support operating expenses for the id+ card program as well as other University services. Please direct questions about the University's relationship with PNC Bank to the id+ Office. Linking your id+ card to your PNC Bank accounts enables you to use your id+ card in ATMs only. Your PNC Bank account is a separate account from the Campus Meal Plan and LionCash accounts. Virtual Wallet is a registered trademark of The PNC Financial Services Group, Inc. ©2022 The PNC Financial Services Group, Inc. All rights reserved. PNC Bank, National Association. Member FDIC.

TECHNOLOGY

Penn State IT

> it.psu.edu

The Penn State IT Service Desk provides 24/7 assistance through services including an extensive online knowledge base, chat, phone, request form, or email.

Students also have the option to visit one of the walk-up service desk locations where they can get assistance with any of their technology needs.

Walk-up locations and additional IT support information is available at help.psu.edu.

Student Technology Guide

> connecttotech.psu.edu

This comprehensive guide introduces students to the University's most important Information Technology (IT) resources, such as account management, essential IT tools for learning, technology tutoring, where to store their files, and where to get help creating multimedia projects.

Penn State Accounts

> accounts.psu.edu

A student's Penn State Account user ID (e.g., xyz5000) is their digital identity at the University that provides access to secure online resources and services to which they have been granted access. Students are automatically assigned a Penn State user ID when they apply for admission online.

Students will log in to secure University resources and applications such as lab computers, Penn State's wireless network, Canvas, and LionPATH by entering their Penn State user ID followed by @psu.edu (e.g., xyz5000@psu.edu). Students will use their Penn State Account user ID and password to log in to secure University sites and services for as long as they're affiliated with Penn State.

Settings within the Penn State Account, like passwords and personal information, can be changed or updated through the Account Management website. The Penn State Account user ID and password should not be confused with the student's unique nine-digit PSU ID number (e.g., 912345678) that is part of their id+ card.

Wireless Access

> wireless.psu.edu

Wireless access is available in most buildings on campus, housing commons buildings, and residence halls. For more information on how to connect to the Penn State IT-provided wireless networks and a map of all their locations, visit wireless.psu.edu.

Protecting Your Student's Identity and Data

> security.psu.edu/education-training

Penn State takes the security and privacy of your student's personal information seriously. Penn State IT uses robust processes and technologies to safeguard its data and systems to ensure they can only be accessed by authorized users. Students are required to enroll in multifactor authentication (MFA) to help protect their personal information, as well as sensitive and confidential Penn State resources and data. The University also provides information to students on how to protect themselves from phishing attacks, viruses, spyware, ransomware, identity and data theft, and other forms of cyberattacks.

Software at Penn State

> software.psu.edu

Software at Penn State provides students access to many software applications at discounted prices, including some at no cost such as Microsoft Office 365. Discipline-specific apps such as Matlab, SAS, EndNote, SPSS, Qualtrics, and Esri are also available.

Penn State Student Systems

These Penn State systems are frequently used by Penn State students to navigate life on campus.

Canvas

Penn State's online system for teaching and learning where students and professors can upload course materials and conduct online discussions

eLiving

On-campus housing portal, including roommate assignments and LiveOn Housing Process

LionPATH

Student information system to register for classes, check end of semester grades, and pay bills

Penn State Go

The official and all-in-one mobile app available to download in the Google Play Store and Apple App store

myUHS

University Health Services portal to submit immunization records, make appointments, and communicate with doctors

Starfish

Communication portal that gives students centralized access to advisers, instructors, and others who provide academic support



CAMPUS LIFE

- > Student Affairs
- > Arts and Entertainment
- > Housing, Food Services and Residence Life
- > Arrival and Move-In
- > Housing Beyond the First Year

STUDENT AFFAIRS

> studentaffairs.psu.edu

Student Affairs provides programs and services to promote the intellectual and personal development of students throughout their college careers. These offerings challenge and support Penn State students as they become active and responsible members of their communities.

Providing Community and Advocacy

When a student feels safe and welcome, they can focus on learning, developing friendships, and growing personally. Student Affairs is dedicated to providing support and advocacy to help students, programming around diversity and inclusion, and spaces where all students can feel safe and included.

Adult Learner Programs and Services

> [210 Boucke Building](#)
> [\(814\) 863.7378](#)
> studentaffairs.psu.edu/adults

Adult Learner Programs and Services provides advocacy, mentorship, and programming for non-traditional aged students and student veterans. The office assists students who are returning to higher education, beginning college after working, raising a family, or serving in the military and can help students navigate campus life and identify transition resources, childcare subsidies, financial aid, and community resources. Programs include monthly workshops, discussion opportunities, and social events to support students' personal, academic, and career goals throughout the year.

Center for Spiritual and Ethical Development

> [Pasquerilla Spiritual Center](#)
> [Eisenhower Chapel](#)
> [\(814\) 865.6548](#)
> spiritual@psu.edu
> studentaffairs.psu.edu/spiritual

The Center for Spiritual and Ethical Development (CSED) provides a venue and programs for the ethical, spiritual, and character development of the University community. Penn State supports the principle of religious freedom and believes that religious practices, spiritual inquiry, and holistic development have a place within University life; however, Penn State endorses no particular religion or religious group. The CSED hosts a culturally diverse, multi-faith community.

Center for Sexual and Gender Diversity

> [LL011 HUB-Robeson Center](#)
> [\(814\) 863.1248](#)
> studentaffairs.psu.edu/csgd

The Center for Sexual and Gender Diversity, centrally located in the HUB Robeson Center, aims to create an open and safer space at Penn State for students, faculty, and staff who hold sexual or gender diverse identities. Through a range of educational opportunities, programming, and advocacy the Center works to promote a more welcoming and affirming campus culture and create a sense of belonging for all Penn State students.

Collegiate Recovery Community

> [106 Pasquerilla Spiritual Center](#)
> [\(814\) 863.0140](#)
> studentaffairs.psu.edu/recovery

The Penn State Collegiate Recovery Community (CRC) offers support to students in recovery from alcohol and other substance use disorders. CRC members agree to:

- *Not use alcohol and other substances*
- *Attend peer-support seminars at our center*
- *Work a recovery program outside the CRC (i.e. by attending A.A. or N.A. meetings and working with a sponsor, or by attending SMART recovery meetings, in addition to other options)*

Some students live in ROAR (Residence of Addiction Recovery) House, the Penn State CRC's dedicated on-campus recovery housing. Students interested in ROAR House should contact the CRC.

Gender Equity Center

> [222U Boucke Building](#)
> [\(814\) 863.2027](#)
> studentaffairs.psu.edu/genderequity

The Gender Equity Center provides free and confidential support and advocacy to all students affected by issues such as sexual violence, relationship violence, stalking, body image concerns, and more. The Center also provides referrals and other resource information, as well as educational opportunities throughout the year. Students can get involved with the Center through its various peer education groups or participating in programs and awareness campaigns. The Center commits itself to serve all students in the spirit of diversity and social justice.

Paul Robeson Cultural Center

> [21 HUB-Robeson Center](#)
> [\(814\) 865.3776](#)
> studentaffairs.psu.edu/cultural

The Paul Robeson Cultural Center (PRCC) serves students in the development of character, conscience, and social responsibility through fostering diversity, racial identity, social justice, and inclusion.

Student Care and Advocacy

> [222 Boucke Building](#)
> [\(814\) 863.2020](#)
> studentcare@psu.edu
> studentaffairs.psu.edu/studentcare

Student Care and Advocacy uses a coordinated, team approach when empowering students to navigate unforeseen difficulties. The team suggests a course of action that considers the needs of the individual in the context of available resources. No matter the situation faced by the student, the team focuses on helping the whole person, knowing that difficult circumstances are often indicators of other challenges that the student may be facing. While the team helps students going through any issue, the office has three primary pillars of care:

- *Basic Needs*
- *Respondent Support*
- *Care Coordination*

Examples of situations with which the office can assist are:

- *Academic distress*
- *Financial insecurity*
- *Housing/food insecurity*
- *Death of an immediate family member*
- *Family emergency/crisis*
- *Mental health concerns*
- *Medical emergency and/or hospitalization*
- *Long-term illness*
- *Being named in allegations of misconduct*
- *Navigating a university misconduct process*
- *Unexpected events or challenges*

This approach empowers and encourages students to maximize their educational experience and prepare for involvement in the larger community and life beyond college.



Student Legal Services

- > 204 East Calder Way, Suite 200
- > (814) 867.4388
- > studentaffairs.psu.edu/legalservices

Student Legal Services provides free legal services to University Park students. Services may include advice, representation, or referrals. Common issues are:

- *Landlord disputes*
- *Criminal charges*
- *Consumer issues*
- *Immigration concerns*

To request services, students can visit the website and complete an online form.

Shaping Citizens and Leaders

Much of student learning happens outside the classroom. Student Affairs offers programs and events to develop critical thinking, decision making, teamwork, and conflict resolution, making students better leaders, stronger professionals, and responsible citizens.

Career Services

- > 101 Bank of America Career Services Building
- > (814) 865.2377
- > studentaffairs.psu.edu/career

Students should be active in career planning to be successful after graduation. Career Services offers counseling, programs, and resources that can help. Professional staff counsel students on the exploration of academic majors and career options. Staff also coach students on gaining experience, writing resumes, interviewing, job searching, applying to graduate school, and more. Career fairs, job postings, on-campus interviews, and networking opportunities are available.

The Center for Character, Conscience, and Public Purpose

- > 102 HUB-Robeson Center
- > (814) 867.6402
- > studentaffairs.psu.edu/thecenter

The Center for Character, Conscience, and Public Purpose offers programs preparing students for lives of thoughtful and committed ethical leadership, advancing the public good, and responsible citizenship. Programs include Penn State's voter registration, education, and participation initiative, Penn State Votes (psuvotes.psu.edu), lunch seminars on contemporary civic and ethical issues, national and international speakers, office hours with local governmental officials, and a variety of workshops and programs including civil dialogue, ethical decision-making and leadership, and responsible citizenship.

Fraternity and Sorority Life

- > 215 HUB-Robeson Center
- > (814) 863.8065
- > greeks.psu.edu

The vision for the Penn State fraternity and sorority community is to be a safe, civil, and civically engaged extension of campus cocurricular learning. The Office of Fraternity and Sorority Life provides advisement, education, and support to the governing councils and chapter leadership. Greek-letter fraternities and sororities create smaller communities within the larger University environment and are committed to the basic principles of fraternity and sorority membership: academic achievement, service and philanthropy, leadership, brotherhood and sisterhood, social, and alumni involvement.

Students may join fraternities and sororities after they earn 14 credits at Penn State or 27 credits at another higher education institution, have a 2.5 GPA, and are in good conduct standing. New member education processes are approved by the University and run for no more than six weeks. All student members pay a Greek membership fee to the University. The amount depends upon the chapter and council with which a student is affiliated. Additional fees are also assessed by most organizations.

HUB-Robeson Center

- > (814) 863.9755
- > studentaffairs.psu.edu/hub

The HUB-Robeson Center (HUB) is committed to providing all students with opportunities to become engaged in high-quality cocurricular experiences. The HUB provides a variety of cultural, educational, social, and recreational programs for all students. Most notably, the offices in the HUB offer a wide array of programs and services, such as: recognizing and registering student organizations, offering experiences designed to help students develop their leadership potential, student employment opportunities, and planning programs that engage students in service-learning activities. Other opportunities include touring an art gallery, visiting the Penn State Bookstore, dining in one of the HUB eateries, or just sitting in a comfortable chair to study or relax. The HUB strives to provide an environment that fosters respect, values all individuals, appreciates diversity and celebrates the contributions of all students and visitors.

Timothy J. Piazza Center for Fraternity and Sorority Research and Reform

- > piazzacenter@psu.edu
- > studentaffairs.psu.edu/piazzacenter

The Piazza Center is a national multidisciplinary research center dedicated to creating stronger and safer fraternities and sororities here and nationwide – through research with top experts. The Center's projects include:

- *Identifying the best anti-hazing prevention strategies*
- *Showing fraternity and sorority life is relevant and documenting member learning and leadership*
- *Changing the conversation about diversity and antisemitism*

Parents can become involved locally or nationally through the Center's anti-hazing prevention work.

Student Engagement Programs

- > (814) 863.3786
- > studentaffairs.psu.edu/engagement

Student Engagement Programs provides students with opportunities to get involved in experiences that complement both their in-class and out-of-class learning.

Arts Engagement

- > cpa.psu.edu
- > studentaffairs.psu.edu/involvement-student-life/art-theatre-music

The Student Arts Engagement Manager is a collaborative effort of the Center for Performing Arts, the College of Arts and Architecture, and Student Affairs. The manager finds ways for students to engage in the many arts experiences available on campus and in the community. The University hopes that every student will have at least one meaningful arts experience before graduation.

Student Engagement Network

- > HUB-Robeson Center, First Floor
- > engage.psu.edu

The University believes that engagement is a critical component of student learning and a distinctive feature of the Penn State experience. The Student Engagement Network (SEN) provides information for students, faculty, staff, and community members about participating in, planning and implementing, and assessing curricular and cocurricular engagement experiences. The SEN offers:

- *Engagement App: students can search for engagement opportunities, set goals, unlock resources, and track success*
- *Engagement Space: students can meet with SEN Interns, attend workshops, and learn more about their engagement goals*
- *SEN Grant Program: funding that helps cover costs of any engagement opportunity or experience*
- *Student Engagement Expo: students can highlight their engagement experiences through posters and short presentations*

Dr. Keiko Miwa Ross Student Farm

- > Big Hollow Road & Fox Hollow Road
- > studentfarm@psu.edu
- > studentfarm.psu.edu

The Dr. Keiko Miwa Ross Student Farm at Penn State is an interdisciplinary space for students to explore sustainability and build community in an engaging, hands-on environment. The highly active program hosts a bounty of opportunities for students, ranging from internships in areas like graphic design and food production, to student-led community events, volunteer opportunities, workshops and more. Our student-led and community-supported working vegetable farm on four acres of Penn State's University Park campus also sells hundreds of pounds of fresh produce to the dining commons each year, as well as donating produce to the Lion's Pantry and other campus outlets.

Student Leadership and Involvement

- > 103 HUB-Robeson Center
- > 814.863.4624
- > studentaffairs.psu.edu/get-involved
- > orgcentral.psu.edu

Student Leadership and Involvement cultivates student learning by fostering exploration, community engagement, and development through educational and experiential opportunities. Student Leadership and Involvement provides involvement opportunities and resources, advises individual students and student organizations, promotes active and responsible citizenship, and develops collaborative community partnerships. Students can enhance their leadership skills, participate in community service programs, attend social and educational programs, take a class through the Center for Arts and Crafts, or join a student organization by attending the Involvement Fairs or going to orgcentral.psu.edu. Students may participate in one of the several student organizations advised by the office such as Homecoming, Student Programming Association, the Martin Luther King Jr. Commemoration Student Committee, University Park Allocation Committee, and others.

The Lion's Pantry

- > Big Hollow Road
Near Lion Surplus and the Blue Band Building
- > thelionspantry.psu.edu

Established in 2014 by two concerned students, The Lion's Pantry serves as the official on-campus student food pantry at Penn State's University Park campus. Today, the pantry continues to be a student-led organization working to address food insecurity and inspire service within the Penn State community. The pantry offers a safe, judgement-free space where guests can collect food, toiletries, and household items. Additional offerings include student leadership, employment, and volunteer opportunities for students.



Campus Recreation

- > [\(814\) 867.1600](tel:(814)867.1600)
- > campusrec@psu.edu
- > studentaffairs.psu.edu/campusrec

With facilities located conveniently throughout campus, Campus Rec has activities for students with a variety of interests, experiences, and needs. All students are invited to take advantage of the programs, facilities, and services provided to round out their academic and other campus pursuits. Connecting with Campus Rec has benefits that extend far beyond just staying healthy and fit. Research indicates that students who utilize recreation programs have higher GPAs than those that don't participate.

Student Employment at Campus Rec

- > hr.psu.edu/careers

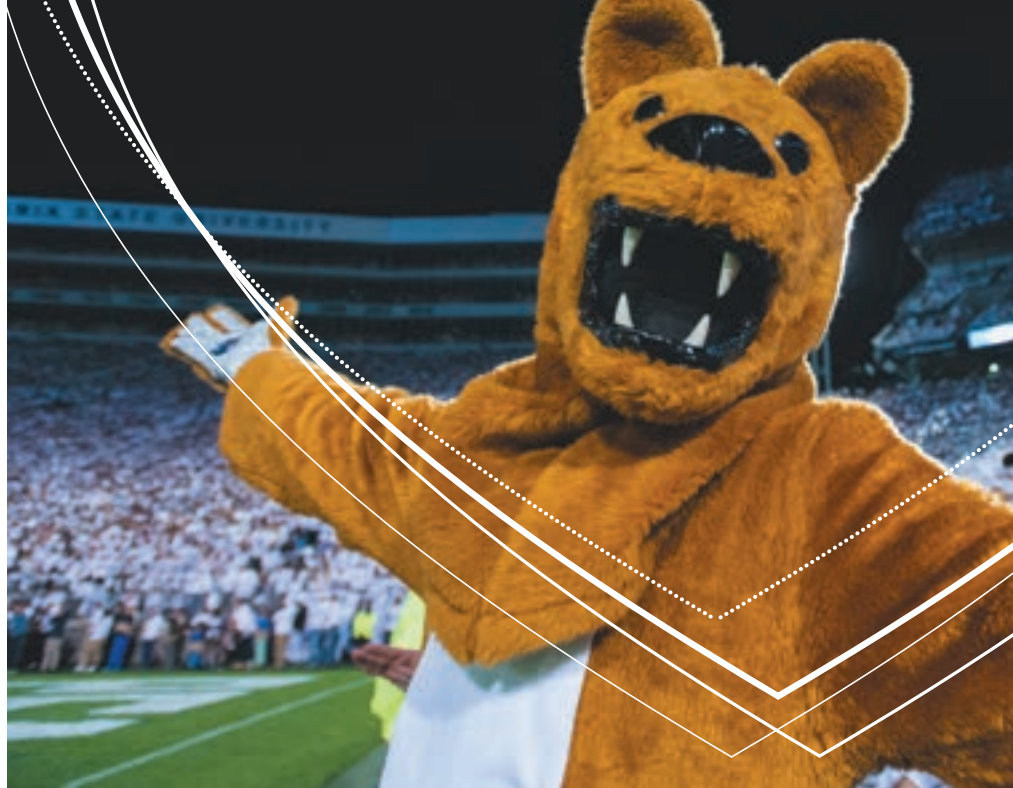
Campus Recreation is one of the largest employers on campus, with over 600 student workers. Campus Rec puts the student first in "student employee" and work with each student to support their academic pursuits.

Campus Recreation Facilities

- *Hepper Fitness Center*
- *Intramural (IM) Building*
- *McCoy Natatorium*
- *Stone Valley Recreation Area*
- *Tennis Center*
- *White Building*

Campus Recreation Programming

- **Aquatics**
Housed in McCoy Natatorium, the aquatics program offers a wide range of programs. For a nominal fee, swim lessons and safety classes are available. McCoy has two lap pools, a diving well, and an outdoor pool open during the summer.
- **Fitness and Wellbeing**
Students enjoy over 100 free, drop-in group fitness classes per week across cardio, strength, and mind-body formats. Personal training and various small group classes are available for a nominal fee.
- **Intramural and Club Sports**
Intramural Sports offers a variety of team and individual sports, tournaments, and events for students of all abilities. Club Sports provide the opportunity to learn a new sport or continue playing one at a competitive level.
- **Outdoor Adventures**
Outdoor Adventures offer adventure trips throughout the year in kayaking, climbing, whitewater rafting, and backpacking throughout Pennsylvania and the eastern United States. Climbing, bouldering, equipment rentals, and trip planning resources are available at the IM Building.
- **Tennis**
Enjoy serious match play or hit around just for fun at the Tennis Center. Services include informal play, private and group instruction, and clinics. Pickleball is also offered.



Arts and Entertainment

When our students look for entertainment, they are faced with a significant number of choices. From premier performing and visual arts, large concerts, and unparalleled varsity sports, Penn State provides many opportunities for students to spend their leisure time on campus.

Blue & White Society (Penn State Alumni Association)

- > [Hintz Family Alumni Center](http://HintzFamilyAlumniCenter.com)
- > [\(814\) 867.4649](tel:(814)867.4649)
- > bluewhitesociety.com

The Blue & White Society (BWS) is the student membership arm of the Penn State Alumni Association. BWS helps students find their pride and start their lifelong journey with the Penn State alumni family. Membership provides access to programs that help develop leadership, networking, and teamwork skills. Members also have opportunities to become involved with campus activities such as THON, Homecoming, and the S-Zone.

Bryce Jordan Center

- > [\(814\) 865.5555](tel:(814)865.5555)
- > jordancenter@psu.edu
- > bjc.psu.edu

The Bryce Jordan Center (BJC) is central Pennsylvania's premier entertainment facility. The 15,000+ seat arena has hosted top-name performers in the music entertainment industry as well as family shows, sporting events, commencements, Penn State Men's and Women's Basketball, and THON, the largest student-run philanthropy in the country. Tickets to most events are discounted for University Park students courtesy of the student fee board. Follow @jordancenter on Facebook, Instagram, Twitter, and TikTok.

Center for the Performing Arts

- > [Eisenhower Auditorium](http://EisenhowerAuditorium.com)
- > [\(814\) 863.0255](tel:(814)863.0255)
- > cpa.psu.edu

The Center for the Performing Arts at Penn State presents professional artists from around the world. Most performances take place in Eisenhower Auditorium. The center welcomes touring Broadway productions, classical and jazz musicians, contemporary circus shows, modern and classical dance companies, international music artists, family productions, and more. Tickets are discounted for University Park students. Group discounts are available.

Intercollegiate Athletics

- > [\(800\)NITTANY](tel:(800)NITTANY)
- > gopsusports.com

Penn State, a member of the Big Ten Conference since 1991, offers 31 men's and women's varsity sports. Sports are governed by the NCAA. The teams are highly competitive both within the Big Ten and on the national level. Competitions are both home and away and our sports venues offer some of the best fields and arenas in the country. Penn State Athletics is home to 81 National Championships and 119 Big Ten titles. The Nittany Lions have also supported more than 100 athletes in the Olympic Games, including 11 coaches/faculty.

Penn State student-athletes have earned a total of 7,877 Academic All-Big Ten Honors, the second-highest total in the conference since Penn State joined in 1991. They have also earned 219 CoSIDA Academic All-America honors, which ranks No. 4 nationally. The majority of the games are free to students who show their valid Penn State id+ card. Football, men's hockey, and men's basketball require a student ticket purchase.

HOUSING AND FOOD SERVICES

- > [Housing: \(814\) 865.7501](tel:8148657501)
- > [Food Services: \(814\) 863.1255](tel:8148631255)
- > liveon.psu.edu/university-park

University Park features several housing areas with 55 residence halls and 359 apartments. A Commons Building is located in each area offering dining facilities, Commons Desk, and other features. Over 14,500 undergraduate students and more than 300 graduate students reside on campus. No matter which housing area becomes your student's home, they will be within walking distance to dining facilities, computer labs, classrooms, and recreational facilities. The LiveOn experience is designed to help students transition to the university, provides access to many support services and programs designed to help students succeed, and offers students the convenience of being close to everything. Although there are a variety of living options, most first-year students are assigned to a traditional residence hall with two students per room.

Food Services is one of the largest University-run operations in the country, purchasing over \$30 million in goods each year. Penn State serves over 1.7 million meals each semester to students, faculty, and staff through five on-campus dining commons, multiple retail operations, professional catering, and coffee shops.

Student Employment

- > hr.psu.edu/careers

More than 1,000 students work on campus with Food Services, Penn State Bakery, Bryce Jordan Center, Housing, Commons Desks, Residence Life, Hospitality Services, and other offices throughout campus. Students can work between 10-20 hours a week with a flexible schedule that works around classes and other cocurricular activities. Benefits include an attractive starting salary, merit increases, on-the-job training, advancement opportunities, plus many social benefits and opportunities to be involved on campus.

2023 ARRIVAL AND MOVE-IN

- > arrival.psu.edu

Learn about preparing for spring, summer, and fall arrival, including a list of items to bring, parking information, check-in locations, etc.

Is lodging available for families during arrival and move-in?

- > parents.psu.edu

Due to the large number of students moving in during Welcome Week, lodging will be extremely limited in the State College area, especially for fall arrival. Make hotel reservations early to secure a room (PG 53).

Roommate and Room Assignments

- > eliving.psu.edu

Room assignment information, including room/building, mailing address, and roommate name and phone number will be posted on eLiving.

- *Summer Session II room assignments will be posted at 12:00 p.m./noon ET on Monday, June 12.*
- *Fall room assignments will be posted at 12:00 p.m./noon ET on Tuesday, July 18.*



LIFE ON CAMPUS

Roommate or Room Preferences

> liveon.psu.edu/university-park/manage-your-hfs-contract

Your student had the opportunity to indicate housing and roommate preferences on the Housing and Food Services (HFS) Contract until May 15. After this date, changes to your student's preferences cannot be made, as the Housing Assignment Office will begin working on room assignments.

Room assignments for first-year students are processed in random order. All students indicate a housing options and roommate preferences, however, the University is not able to guarantee these preferences. Some housing preferences are more popular and will have a higher request rate, therefore filling faster than other options. Some students may not be assigned to a room based on preferences indicated on the HFS Contract. Regardless of when a student accepts the offer of admission, all first-year students will have on-campus housing. Some students may be assigned to supplemental housing (see below).

Once room assignments are posted, your student may use two options in eLiving to make a room assignment change:

Room Exchange eBoard

The eBoard is available once room assignments are posted and closes about 2-3 weeks before arrival. To use this feature, your student can post their room on the eBoard, review available postings, and submit a request to change assignments with another student.

Direct Room Exchange

The exchange process is available the week after the semester begins. Your student would be able to request a direct room exchange with a specific student.

There are restrictions for using these options, such as both students must have the same type of HFS Contract. Students with medical accommodations may not be able to use these options.

Supplemental Housing

> supplemental.psu.edu

On-campus housing at Penn State is in high demand. Utilizing supplemental housing allows Penn State to offer on-campus housing living space to as many students as possible. Supplemental rooms are located on regular residence hall floors and are larger rooms appropriately furnished to accommodate more students in the space. Residents enjoy the same amenities as regular rooms at a reduced rate.

Amenities in Student's Rooms

Your student's living space will have a desk and desk chair, closet/wardrobe, bookshelf, clothes drawers, mirror, and a twin-size bed. Most mattresses are extra-long (80" x 36"). All rooms are also equipped with a microwave/freezer/refrigerator unit, window treatments, trash can, ceiling light, fire sprinklers, and smoke detector. Students can also access the Penn State WiFi service.

Items to Bring (or Not Bring)

> arrival.psu.edu

Your student should bring sheets (extra-long twin), pillows, towels, blanket or bedspread, computer, desk lamp, padlock for the desk, and other items that will help them feel at home. Your student should check with their roommate before arrival to decide who brings which shared items, such as a TV and carpet. Pets, air conditioning units, candles, and some small appliances are not permitted.

Housing Area Amenities

> liveon.psu.edu/university-park/undergraduate-housing

Each housing area offers a dining commons, external bike storage, laundry facilities, mail delivery service at the commons desk, computer labs, meeting rooms, lounge areas with TVs, and Blue Loop bus stops (free for all). Some areas also have snack bars, convenience stores, and an ATM machine.

Mail and Special Deliveries

> liveon.psu.edu/university-park/mail-services

Your student can pick up packages at the commons desk in their housing area by showing their Penn State id+ card. Special deliveries, such as flowers, will be delivered the same way. Pizza or other food deliveries can be made to the front door of your student's residence hall. Direct deliveries to rooms and inside halls are prohibited. Packages should not be shipped more than two weeks before the beginning of the semester. We recommend packages be insured and tracked to ensure proper delivery. All packages and deliveries should be addressed to the student's official name using the campus address.

> **Student Full Name**
Housing Area Commons Building
Residence Hall Name and Room #
University Park, PA 16802

Safety and Security

Residence Hall Security

Every residence hall on campus is equipped with an electronic, computerized card-access system that utilizes your student's Penn State id+ card or mobile credentials to gain entry. Only residents of the building can gain access to their assigned building. The system is operational 24 hours a day, seven days a week.

In addition, student auxiliary officers, who work for University Police and Public Safety, are on duty from dusk to dawn every day. Auxiliary officers are responsible for checking for propped doors and monitoring activities in the housing areas.

Can room doors be locked?

All residence hall rooms, including supplemental rooms, can and should be locked. Your student is responsible for keeping the room door locked at all times, even when making a short trip to the restroom. If your student misplaces the key, a loaner key may be signed out at the commons desk for up to two hours. If a key is lost or the loaner key is not returned, your student will be charged to have the locks changed and new keys issued.

Can personal items be locked within the room?

Each room offers each student one drawer that can be locked. Your student will need to supply a padlock.

Does the University insure my student's belongings?

The University does not carry insurance on students' personal property. Before coming to campus, check to see if your family's homeowner's insurance policy covers students in University Housing. If your student is not covered, please consider purchasing renter's insurance.

University Housing Maintenance Issues

> fixit.psu.edu

Your student can submit routine maintenance issues (lightbulb burns out, pests, something breaks, etc.) online. For an emergency situation, such as loss of heat or electricity, your student should reach out immediately to their RA.

RESIDENCE LIFE

Semester Breaks

Can my student stay in their room between semesters and during breaks?

Traditionally, on-campus housing is not available during the fall, winter, or spring breaks, as identified at liveon.psu.edu/university-park/important-dates. However, the University offers a Break Access/Holiday Housing Contract if your student is unable to leave campus during the break periods. Learn more at liveon.psu.edu/university-park/manage-your-hfs-contract#break_housing. There is a non-refundable additional charge per semester for this service. Rates are available online at liveon.psu.edu/university-park/rates. Students with a Break Access/Holiday Housing Contract will be assigned to designated buildings that are appropriately staffed during the breaks. Limited food options are available during break periods. For additional information about break housing or to request a Break Access/Holiday Housing HFS Contract, please contact the Housing Assignment Office at (814) 865.7501.

Can my student leave belongings in their room between semesters and during breaks?

Students may leave their belongings in the room during fall, winter, and spring breaks, if returning to the same room after the break. Students are encouraged to take home valuable items. During the break between spring semester and summer session, and the break between summer session and fall semester, belongings may not be left in student rooms because, in most cases, students will not be returning to the same room. There is no storage available during summer session. Refer to liveon.psu.edu/university-park/storage-options for options.

Residence Life

- > (814) 863.1710
- > studentaffairs.psu.edu/reslife

Residence Life is committed to providing a safe, comfortable, and secure living-learning environment that is conducive to students' academic pursuits and personal growth while fostering a sense of community, civic responsibility, and appreciation of diversity. Research indicates that first-year students benefit from living in an environment designed with their needs in mind. Students are encouraged to get to know their Resident Assistant (RA), a student leader specially trained to help with questions and help build a sense of community among residents. In addition, full-time live-in professionals, Residence Life Coordinators, are available 24/7 to provide support and respond to crises.

Residence Hall Staff and Community Life

Do staff members live in the residence halls?

Resident Assistants (RAs) and professional Residence Life Coordinators live on-site in the residence hall communities. An RA is an undergraduate student who has been carefully selected and specially trained to help your student transition to both the residence hall and the Penn State community. RAs are responsible for a "house," which means one or two residence hall floors. The RA lives on the floor and is readily accessible to residents. During evening hours, students may also contact the RA on duty if their floor RA is not available.

A Residence Life Coordinator is assigned to each residence hall. The coordinators are full-time professional staff members trained in student development, community building, safety and security, student conduct, and emergency response. Coordinators supervise the RAs and are responsible for helping to create a positive community within the residence halls. A coordinator is available to assist students at any time of the day or night.

How will students get to know each other?

Students will begin to meet one another during New Student Orientation. After moving to campus, the first opportunity to meet floormates will be at the house meetings hosted by their RA. RAs will also plan a series of programs and activities throughout the semester that will give students a chance to get to know other individuals on their floor. Students should also plan to participate in Welcome Week programming. Learn more at welcomeweek.psu.edu.

Are there Residence Hall activities?

There are regular activities throughout the halls. A weekly newsletter called "Stall Stories" is placed in restrooms and provides information about upcoming activities. RAs and coordinators communicate regularly with students via email. Also, students should check out bulletin boards in their building and various social media platforms.

What if my student has a roommate problem?

The first person students should talk with is their roommate, who may not even realize that there is a concern. If that approach does not work, students should go to their RA for assistance in identifying the best approach. The RA can also be helpful in facilitating a discussion between roommates.

Can students have guests in their room?

At the beginning of the semester, roommates should discuss their feelings about having guests in the room. Students are permitted to have guests in their room only if there is no objection from their roommate. Overnight guests can stay for a maximum of three consecutive nights. If there are any concerns about having guests in the room, it's important to share those concerns with their roommate. It's also a good idea to agree on times when guests will or will not be allowed in the room. Residents are not permitted to have overnight guests in the room prior to the first day of classes. Guests must be escorted at all times.



FOOD SERVICES

Food Services

- > [\(814\) 863.1255](tel:8148631255)
- > liveon.psu.edu/university-park/dining

There are over 30 locations on campus where students can eat. The Campus Meal Plan may be used at any on-campus location, although the discount and pricing structure will vary.

Dining Commons

Each of the five housing areas offers a commons building with dining facilities. The dining commons offer all-you-care-to-eat during specific meal periods for a set price, which offers the greatest value when using the Campus Meal Plan. Students may also opt to carry out a meal from the dining commons.

Residential Dining Locations

In addition to dining commons, there are other dining locations in the commons building where students can purchase meals, grab-n-go items, and other convenience items. Purchases at these operations offer a 65% discount off prepared food and beverage purchases. Non-prepared items, such as pre-packaged items (chips, cookies, snacks, etc.) and bottled beverages, do not receive a discount. Items purchased at on-campus convenience stores and coffee shops are not eligible for a discount.

HUB Dining

There are several dining options available in the HUB-Robeson Center, including Starbucks, Burger King, Panda Express, as well as pizza, soup and salad bar, and sandwiches.

Other Locations

The Campus Meal Plan is accepted at other locations throughout campus, such as coffee shops, Café Laura, Berkey Creamery, Panera, Beaver Stadium, Bryce Jordan Center, Pegula Ice Arena, and more. No discount is offered at these locations.

Food Options and Ordering

Are healthy choices and vegetarian/vegan menu items available?

- > liveon.psu.edu/university-park/nutrition

Healthy food and beverage choices are available in many locations across campus. Nutritional information for menu items offered at the dining commons is posted for each menu item and is available online at menu.hfs.psu.edu. Vegetarian and vegan menu items are also indicated on the menu information cards. The Penn State Go app offers quick access to daily menus at the dining commons.

Are Kosher or Halal menu items available?

- > liveon.psu.edu/university-park/allergies-special-diets

Halal-certified chicken thighs are served in Penn State facilities. Additional Halal options are marked “HF” on entrée cards for Halal-friendly items. East Food District offers Kosher-certified meals at the PURE food station.

How does the University handle special diets or food allergies?

- > [\(814\) 863.3420](tel:8148633420)
- > foodallergies@psu.edu
- > liveon.psu.edu/university-park/allergies-special-diets

The dining commons feature a variety of menu options, and staff will try to accommodate reasonable requests, but it is not possible to provide for all special diets. Menu information cards are posted for each menu item and will include allergen information for the nine most common allergens: dairy, egg, fish, shellfish, peanut, tree nuts, soy, wheat/gluten, and sesame. PURE, located in East Housing Area, offers menu items that are kosher and free of these common food allergens. The University’s Registered Dietitian’s office is available to assist students with navigating food services and menu options.

Are there items that parent and family members can order for delivery to students?

- > pennstatebakery.com

The Penn State Bakery offers the “Special Delivery” program featuring cookies, cakes, and other delicious items freshly prepared and delivered to your student’s Housing Area Commons Desk for pickup. Place orders a minimum of 3 days in advance.

Is mobile ordering offered?

- > pennstateeats.psu.edu

Penn State Eats is Penn State’s mobile ordering platform. Penn State Eats can be accessed on the Penn State Go app. Many on-campus dining locations offer mobile ordering for items such as deli, salad, pizza, acai bowls, grill items, coffee, and convenience store items. Additionally, national brands, such as Starbucks and Burger King, can also be ordered via Penn State Eats.

Campus Meal Plan

- > liveon.psu.edu/university-park/meal-plans

Your student is required to purchase the Campus Meal Plan for both semesters while living on campus. The Campus Meal Plan is comprised of two cost components, the base cost and dining dollars, with the total amount being charged to your student’s LionPATH account. The Campus Meal Plan can be used at any location on campus and is set up as a declining account balance (similar to a debit card).

Meal Plan Levels

There are three meal plan levels available; the HFS Contract will default to level two. Each student’s eating habits vary, and many students do not eat the standard three meals/day due to academic schedules, activities, and travel. A general guideline is that level one offers 7-10 meals per week; level two offers 12-14; and level three offers 16-19. Level two is recommended to start and can be adjusted once your student develops a routine.

Keeping Track of Campus Meal Plan Dining Dollars

After your student makes a purchase, the remaining combined balance of dining dollars and LionCash is displayed at the cash register. Account balances and transaction history are also available at idcard.psu.edu.

What if my student has extra leftover dining dollars at the end of the semester?

If your student has a fall Campus Meal Plan, any remaining dining dollars left over at the end of summer session are automatically carried over to the fall semester plan. At the end of fall semester, the balance is carried over to the spring semester plan provided your student has accepted a spring Campus Meal Plan. If your student leaves the University (withdrawal, graduation, study abroad, etc.), any remaining balance is forfeited. At the end of spring semester, any remaining dining dollars are forfeited. Dining dollars may not be used to purchase gift cards. To avoid having remaining dining dollars, your student can adjust the Campus Meal Plan level for both fall and spring semesters until the last day of finals. Adding funds to LionCash instead of the Campus Meal Plan eliminates the possibility of forfeiting any remaining dining dollars at the end of the semester.

What if my student runs out of Campus Meal Plan dining dollars before the semester ends?

If your student is running low on dining dollars, funds may be added to LionCash. Cash registers at on-campus dining facilities will automatically check your student’s Campus Meal Plan account balance. If there are not enough funds available, the system will then deduct from LionCash. These transactions will be processed with the same discounts as meal plan pricing.

When does my student select a Campus Meal Plan level for spring semester?

Beginning October 1, your student will have the opportunity to adjust the Campus Meal Plan level for spring semester. Adjustments made prior to December 30 will be reflected on the spring student account. Changes after that will be applied to the next billing cycle (typically the next month).

HOUSING BEYOND THE FIRST YEAR

Living On Campus

> studentaffairs.psu.edu/housing

Living on campus offers many conveniences and amenities for students. First-year students are required to live on campus and have the option to return to University Housing for sophomore year. Upper-class students have a larger variety of on-campus housing options to select from, including single rooms, suites, and apartments. Students who are interested in living on campus will be able to request housing through the eLiving system during the established timeframe in the fall semester. All students who request on-campus housing will receive an invitation to view available housing options, select space, then create/accept a Housing and Food Service (HFS) Contract. In addition to webinars and information tabling events held during the semester, information sessions are offered during Parents and Families Weekend to assist you and your student in understanding the process.

Fraternity and Sorority Housing

> studentaffairs.psu.edu/greeks

The University provides on-campus housing in South Halls for many of the Panhellenic Council (PHC) sorority chapters. Many Interfraternity Council (IFC) fraternity chapters have off-campus housing facilities that are owned and operated by alumni from each organization. Penn State's National Pan-Hellenic Council (NPHC) and Multicultural Greek Council (MGC) fraternity and sorority chapters currently do not offer formal group living spaces, however, the University is open to providing this opportunity in the future. Students can learn more about fraternity and sorority housing options on the Office of Fraternity and Sorority Life's website.

Students considering joining a sorority or fraternity that offer group living opportunities should expect to live within the chapter's community (South Halls for PHC sororities or the chapter's off-campus facility for IFC fraternities) for the entire academic year during their first year of membership, so it is important to think about these options as you make your housing decision.

- *If a student knows that they want to live on campus next year, regardless of the sorority or fraternity recruitment process, they should participate in the LiveOn Housing Process.*
- *If a student only wants to live on campus if they receive a bid from a Panhellenic Council sorority, they should not sign a lease or a Housing and Food Service (HFS) contract until they complete the process and accept a bid.*

The LiveOn Housing Process in eLiving stays open through mid-February, so students have time to make a decision based on receiving a bid to join one of the fraternity or sorority communities. If students want to live on campus they should act quickly after bid day to make sure they request housing by February 15.

Living Off Campus

Downtown State College and the surrounding area provide robust housing options for students interested in living off campus.

Off-Campus Student Support

- > [204 East Calder Way, Suite 200](http://204EastCalderWaySuite200)
- > [\(814\) 865.2346](tel:8148652346)
- > livingoffcampus.psu.edu

Off-Campus Student Support provides resources and information about living off campus. Resources and services to help students with their off-campus housing search include:

- *A searchable online listing service to help your student find and compare available properties and a roommate posting service.*
- *Professional staff are available to meet with students who request additional assistance with their housing search.*
- *A Housing Fair each semester that brings together landlords, property managers, on-campus housing representatives, community officials, and University resources. The Housing Fair provides an opportunity where students and their families can ask questions, see what types of units are available, schedule apartment tours, and learn more about the rental process. The fall Housing Fair occurs on the Sunday of Parents and Families Weekend.*

Are parents involved in the off-campus housing process?

You are an important resource as students navigate a process that is often new to them. Most landlords will require that a parent, family member, or other person sign the lease as a guarantor unless the student can show they can pay the rent through their own employment income. Some ways you can help your student:

- *Use caution before signing a lease. There is no need to sign an expensive contract/lease before you and your student are ready. Many locations fill into early fall, but others remain available into the spring semester. We recommend not waiting until summer to sign a lease, as inventory tends to be extremely low at that point.*
- *Leases are binding contracts. Once signed, your student (and their co-signer) will be responsible to pay the rent. Students and family members who guarantee the contract should fully understand the obligation before signing.*
- *Encourage your student to stop by Student Legal Services (PG 30) for a free lease review.*



HEALTH & SAFETY

- > University Health Services
- > Counseling and Psychological Services (CAPS)
- > Smart and Safe at State
- > Student Rights and Responsibilities
- > University Police and Public Safety
- > Alcohol and Drug Laws

UNIVERSITY HEALTH SERVICES

- > [Student Health Center, Bigler Road](#)
- > [\(814\) 865.4UHS \(4847\)](#)
- > studentaffairs.psu.edu/health

Staying healthy is a vital part of a successful college experience and University Health Services (UHS) can help.

UHS operates as a primary care office that offers medical exams for acute illness/injury and pre-existing conditions. Our clinicians commonly treat sore throats, fever, viral infections, asthma, allergies, headaches, and a variety of other conditions. UHS offers additional on-site health services for your student's convenience.

UHS understands that a student's first time navigating a medical appointment alone may be when they seek medical care on campus. Students are encouraged to know their medical history, allergies, current medications, and family's medical history in preparation for an appointment at UHS. Students should keep a copy of their health insurance and prescription plan cards with them.

The primary method of communication between UHS and your student is through secure messaging within the myUHS portal, and students will be alerted by email to check these messages.

UHS recommends that students pack basic medical supplies to bring with them to campus: thermometer, over-the-counter pain/fever reducers such as acetaminophen and/or ibuprofen, cough drops, and other cold symptom relief medications. In addition, students are asked to bring a minimum of four COVID-19 at-home test kits and a box of disposable masks.

Appointments

- > [myUHS](#)
- > [\(814\) 865.4UHS \(4847\), Option 2](#)

Like your home doctor's office, UHS operates by appointment only and does not accept walk-ins. Students can schedule appointments online through myUHS, the secure patient portal, or by calling during regular business hours. Same-day appointments are often available for acute medical problems, and appointments for routine health concerns, physicals, and sexual and reproductive health exams are generally available within a few days.

24/7 Advice Nurse

- > [\(814\) 865.4UHS \(4847\), OPTION 3](#)

Students can speak with an experienced telephone advice nurse 24 hours a day, 7 days a week to have their urgent health concerns addressed. The after 5:00 p.m. line utilizes a call center available for advice only and does not have the capability to schedule UHS appointments.

Emergencies

- > [Call 911](#)
- > mountnittany.org

In the event of a health or medical emergency, students are advised to call 911 or go directly to Mount Nittany Medical Center, located approximately two miles north of campus.

Hours of Operation

| Day | Hours |
|-----------------|---|
| Monday - Friday | 8:00 a.m. - 5:00 p.m. |
| Saturday* | 11:00 a.m. - 3:00 p.m. <i>*During fall and spring semesters only</i> |

Social Media

@ studentwellnesspsu

f Penn State Student Health & Wellness



UHS SERVICES

Accreditation

> [AAAHC.org](https://www.aaaahc.org)

UHS is accredited by the Accreditation Association for Ambulatory Health Care (AAAHC).

Allergy Clinic

UHS provides allergy care to eligible Penn State students. To obtain allergy care, students must be under the care of a UHS clinician. Students can establish care by scheduling an initial appointment. The student agreement for allergy immunotherapy administration and the referring allergist agreement must be completed and signed before receiving allergy injections at UHS.

Billing and Fees

UHS operates primarily under a fee-for-service model. UHS participates with a limited number of health insurance carriers. Please contact your health insurance carrier to determine if UHS is in your provider network. When contacting your insurance carrier, use the following information to determine network status (NPI: 1316063126, Tax ID: 24-6000376). Regardless of network status, UHS will bill most insurances as a courtesy. Please remind your student to upload their health insurance information to UHS before receiving services. Students may pay by check, LionCash, debit, or credit cards (Visa/MasterCard/Discover/American Express), or have the charge billed to their Penn State student account.

Clinicians

UHS clinical staff includes physicians, nurse practitioners, and physician assistants. All UHS physicians are board-certified. Detailed staff bios and credentials are available online.

Confidentiality

It is understandable that as a concerned parent you may want access to information about your student's care. However, patient confidentiality standards (HIPAA, Health Insurance Portability and Accountability Act and FERPA, Family Educational Rights and Privacy Act) prohibit University Health Services from sharing medical information without the student's written authorization. When there is a life-threatening situation in which a student is so ill that they are unable to provide authorization, both HIPAA and FERPA allow the university to release information. This is the only exception.

Excuses (Missing Class due to Illness)

UHS clinicians do not provide illness verification to instructors for routine illnesses. For routine illnesses, the decision to miss a class or activity is at the student's discretion, and the student should email or call the instructor as soon as possible. UHS clinicians may provide verification of a significant, prolonged illness or injury if care was received at UHS.

Emergency Services

UHS Ambulance Service responds to medical emergencies on the University Park campus and within the local community 24 hours a day, 7 days a week. The UHS Ambulance Service is licensed by the Pennsylvania Department of Health and staffed by certified student emergency medical technicians, volunteers, and emergency response professionals. Each year, the UHS Ambulance Service responds to approximately 1,500 ambulance calls.

If a student experiences a serious or life-threatening medical emergency on campus, they should dial 911. The closest medical center is Mount Nittany Medical Center, located approximately two miles from campus. Please note that all charges related to the ambulance service to hospital care (emergency and inpatient services) are the patient's responsibility.

Imaging Studies

UHS offers convenient Ultrasound and digital general X-ray. Patients must have an order from a UHS clinician or an outside health care provider to request services. Ultrasound and X-ray services are available by appointment or at the time of visit with a clinician.

Laboratory

UHS has an on-site clinical lab available to all registered students. Commonly ordered tests, such as blood work and urinalysis, are performed in the UHS lab and can be ordered by a UHS clinician or an outside clinician. Quest Diagnostics lab is used for less commonly ordered tests. Lab services are available by appointment or at the time of visit with a clinician.

Pharmacy

> studentaffairs.psu.edu/health-wellness/pharmacy

Prescription services, over-the-counter medications, and health care products are available at the UHS Pharmacy. Our on-site pharmacy will fill prescriptions that are written, e-prescribed (found under the University Park address) or faxed to 814-863-5371 by your student's provider. Students can refill prescriptions with our Penn State UHS Pharmacy mobileRx app or through the UHS website. Your student should present a current prescription insurance card when filling prescriptions.

Physical Therapy

Physical therapy services are available by appointment. Direct access (self-referral) is available to students who meet the criteria. Check with your insurance provider to confirm direct access allowance.

Preventive Health

Students are encouraged to reduce the risk of serious illness by making healthy lifestyle choices and getting recommended immunizations. Students can make preventive health appointments at UHS for allergy injections, contraception counseling, immunizations, nutrition counseling, sexual health, and more.

Travel Clinic

The UHS Travel Clinic offers appointments to members of the Penn State community who are planning international travel. Travel appointments include education regarding health and safety as well as recommended vaccines for the intended travel destination(s).

Volunteer Opportunities

Student volunteer opportunities are available in emergency medical services, clinical services, and physical therapy.



IMMUNIZATION & HEALTH HISTORY RECORDS

All incoming Penn State students must provide proof of immunization against **measles, mumps, and rubella**. In accordance with Pennsylvania state law, students living in on-campus housing must also provide proof of the **meningococcal conjugate vaccine** (Menveo, Menactra, MCV4, and MenQuadfi), which protects against infections caused by serogroups A, C, W, and Y.

Some students, such as student-athletes or students in certain health-related majors may be asked to submit additional immunization information. These students must also submit official immunization records using the process below.

How to Submit

- > <https://studentaffairs.psu.edu/health-wellness/medical-services/immunizations>

Students should log into myUHS using their Penn State access credentials, enter their required vaccination dates and upload a copy of their official immunization records, and, if applicable, any positive antibody blood test results (titers). **All immunization records must be in English.**

Other Recommended Vaccines

In addition to the required vaccines, Penn State also strongly recommends that students receive the following vaccines:

- *Serogroup B meningococcal*
- *Varicella (chickenpox)*
- *Tetanus-diphtheria-pertussis (Tdap)*
- *Hepatitis B*
- *Hepatitis A*
- *Human papillomavirus (HPV)*
- *Pneumococcal*
- *Annual influenza (flu) vaccine*
- *COVID-19 vaccines*

UHS provides vaccinations for students by appointment and by offering clinics.

Students are also encouraged to complete the online health history form in myUHS.

STUDENT INSURANCE

- > studentaffairs.psu.edu/health-wellness/health-insurance

Adequate health insurance provides students with security and an enhanced sense of well-being during their time at Penn State. For this reason, the University requires all international students to have health insurance and strongly recommends that all U.S. students have health insurance coverage that is accepted by providers on or near the campus they attend.

Each year, students are required to submit health insurance coverage through LionPATH. If your student does not currently have adequate coverage, we highly encourage them to enroll in the Student Health Insurance Plan (SHIP) for Penn State. The SHIP for Penn State is designed specifically for students and offers comprehensive health insurance at a competitive price with a wide network of providers across the United States.

Penn State recognizes that financial insecurity has a detrimental impact on both a student's academic performance and their overall health. Student Health Insurance has collaborated with the Office of Student Care and Advocacy to help more adequately address student needs related to health insurance coverage and other financial concerns. If your student is currently uninsured or needs help securing basic needs (food, housing, etc.) as a U.S. citizen or permanent resident, complete the Basic Needs Assistance Request Form at studentaffairs.psu.edu/basic-needs-support.

COUNSELING AND PSYCHOLOGICAL SERVICES (CAPS)

- > [501 Student Health Center](#)
- > [\(814\) 863.0395](#)
- > [\(877\) 229.6400 \(CRISIS LINE\)](#)
- > studentaffairs.psu.edu/counseling

College student concerns can vary widely, and some emotional stress can be expected at this developmental phase of life. CAPS offers multiple pathways for students to get the help, support, and connection to resources that will best support their mental health and wellness needs. These options include and reach far beyond individual counseling.

CAPS provides students with a range of services, including:

- *Wellness platforms (WellTrack Boost, Virtual Library) for self-paced mental health support and self-care*
- *Life Hack Kits: step-by-step virtual wellness packages and lively virtual workshops*
- *Drop-in support groups (Women of Color Empowerment, Black and Latino Male Empowerment, SMART Recovery, Interfaith Dialogues, and more)*
- *CAPS Chat: Drop-in, non-urgent, half-hour meetings with a CAPS clinician*
- *Long-term group therapy*
- *Four-session skill-based clinics on topics such as anxiety, mindfulness, perfectionism, and more*
- *Short-term individual counseling*
- *Rapid access appointments for urgent concerns*
- *Evaluations for psychiatric medication and medication management*

As the primary mental health provider for Penn State students, CAPS' mission is to support students' mental health and well-being as they pursue their academic and career goals. Essential to this mission is fostering a welcoming and affirming environment that honors diversity and values individual and cultural differences.

CAPS' professional staff includes psychologists, psychiatric providers, case managers, clinical social workers, a marriage and family therapist, professional counselors, postdoctoral fellows, and graduate-level trainees. Services are confidential and most services are available at no cost to enrolled, full-time students.

Students are strongly encouraged to access wellness resources to help maintain and manage overall well-being. Wellness platforms such as WellTrack Boost and the Virtual Library are easily accessible options for students to address self-help and self-care at their convenience. Additionally, Life Hack Kits are virtual workshops available in both synchronous and asynchronous formats to address student needs at one's own pace. CAPS Chat is a one-on-one opportunity to meet with a CAPS clinician for non-urgent concerns.

In addition to short-term individual and couples counseling, CAPS offers long-term group therapy. Interpersonal process groups provide support for many common concerns, such as self-advocacy, assertiveness, and setting boundaries.

For students seeking more targeted support with a specific concern, four-session Skills Clinics may be beneficial. In these 90-minute, once-weekly Skills Clinics, 6-8 students engage in a blend of education and skill practice in the specific topic area. Skills Clinic topics commonly include perfectionism, mindfulness, and anxiety management.

While CAPS offers a multitude of resources, a student's needs may be best met beyond CAPS. CAPS commonly refers students to other resources on campus and clinical providers in the local community.

Drop-in support and discussion groups are also available in collaboration with our campus partners, such as the Multicultural Resource Center, Center for Spiritual and Ethical Development, Health Promotion and Wellness, and Collegiate Recovery Community.

Penn State's Crisis Line is available 24/7 for students, as well as parents, faculty, staff, or others to call if urgently concerned about a Penn State student.



Health Promotion and Wellness

- > 20 Intramural Building
- > (814) 863.0461
- > studentaffairs.psu.edu/health-promotion

Health Promotion and Wellness (HPW) helps students get healthy and stay healthy. The staff and student volunteers provide services and conduct educational programs. HPW provides the following services:

Brief Alcohol Screening and Intervention for College Students (BASICS)

BASICS is a harm-reduction program. BASICS consists of two one-hour sessions conducted by a professional staff person. Students with first-time alcohol violations or an alcohol-related emergency department visit are required to complete the program. The program fee is \$250. Students who do not have a violation or emergency department visit can take the program for free.

Cannabis Screening and Education for College Students (CASECS)

CASECS consists of individual educational sessions about cannabis. Students who have a violation are required to complete CASECS and pay \$250. Students who are concerned about their cannabis use and do not have a violation can take CASECS for free.

Nutrition Clinic

Free, individual nutrition counseling is available to Penn State students through the Nutrition Clinic. Services are provided by a registered dietitian for a range of concerns including, but not limited to, high cholesterol, high blood pressure, diabetes, and digestive disorders. The dietitians can also help students develop and maintain a healthy diet while on a limited budget.

Nicotine Cessation

This free service is designed to help students quit smoking or vaping using a research-based approach.

Wellness Services

The wellness services help students learn new information and develop healthy behaviors. Trained peer educators deliver the services. Topics include healthy relationships and sexual health, nutrition, physical activity, sleep, and stress.

Talking with your Student about Alcohol

Students preparing to attend college have already taken several steps toward independence. Deciding where to go to college, what career path to pursue, and how to finance an education are all choices on the path to learning how to be an adult. College students still need and value their family's guidance as they make decisions about their future. One of those decisions is about alcohol use at college. Parents and family members are one of the best sources of advice on the issue.

The First Six Weeks

Based on national research about college student drinking, many new students are likely to begin or increase alcohol use during the first six weeks. Even students who did not drink in high school may feel pressure to do so in college. Talk with your student about avoiding underage drinking while in college.

Research suggests that students who talk with their parents and families about alcohol avoidance strategies before they begin the first year of college are more likely to avoid alcohol, limit its use, and spend less time with heavy-drinking peers.

Facts about Alcohol Use Among College Students

National

- 31% of college students meet the criteria for a diagnosis of alcohol abuse
- 1,825 college students between the ages of 18 and 24 die each year from alcohol-related injuries
- 599,000 experience a non-fatal, unintentional injury under the influence of alcohol
- 97,000 students are victims of alcohol-related sexual assault or rape each year

Penn State

- 48% report engaging in high-risk drinking*
 - 73% had to babysit a student who drank too much
 - 9% have been a victim of an unwanted sexual experience
 - 59% report blacking out at least once in the last year
 - 26% report getting behind in school work due to alcohol use
- *High-risk, or binge drinking, is defined as having four or more drinks in two hours for women and five or more drinks in two hours for men.*

Risky Behaviors Include:

- Underage drinking
- Drinking (pre-gaming) before going out
- Chugging alcohol, doing shots, and participating in drinking games
- Choosing drinks with a higher alcohol concentration

Warning Signs of a Potential Problem:

- Missing work, school, or other responsibilities
- Specific school problems such as poor attendance, low grades, and/or disciplinary action
- Drinking in physically dangerous situations, including drinking and driving
- Having recurring alcohol-related legal problems, such as being arrested for underage drinking or for physically hurting someone while drunk
- Mood changes, such as temper flareups, irritability, and defensiveness
- Physical or mental problems, such as memory lapses, poor concentration, bloodshot eyes, lack of coordination, or slurred speech

How You Can Help

Penn State has a wide range of initiatives in place to better understand, treat, and diminish the negative impact that dangerous drinking can have on students and their potential for success. As a parent, you also play a role in helping your student make good choices about drinking. Your influence can have a positive impact on your student's safety, health, and well-being.

Start the Conversation

When talking with your student about alcohol, look for opportunities to raise the topic naturally. Discussions about majors and course selection can lead to a conversation about the ways alcohol can disrupt academic success and career options. Buying items for your student's residence hall room can turn into talking about how to handle situations where alcohol use by other students might create a problem, such as interrupted study time, babysitting a drunk roommate, or unwanted sexual advances.

Familiarize yourself with how alcohol affects the body and brain of young adults. Take some time to evaluate your attitudes, values, and beliefs about alcohol and drinking. Establish open communication to make it easy for your student to talk honestly with you. Show your student that you care about their success in college, both academically and socially.

Talk with your student about:

- *How alcohol affects the body and negative consequences of high-risk drinking*
- *Your expectations around alcohol use*
- *Why students drink or don't drink*
- *Alternative activities*
- *Impact of drinking on health and academic success*
- *Penn State's alcohol policy*
- *Pennsylvania's alcohol laws*
- *Penn State's Code of Conduct*
- *Penn State's Responsible Action Protocol*

Portions of this section come from the Substance Abuse and Mental Health Services Administration. (2015). Talking with your college-bound young adult about alcohol. U.S. Health and Human Services. Washington, DC. samhsa.gov

Your Role

Understand Penn State's Parent and Family Notification Policy (PG 46), make sure your student completes Penn State Safe and Aware (PG 44), and encourage conversations by asking nonjudgmental and open-ended questions. This allows your student the opportunity to express how they think and feel about college pressures, being away from home, and facing new situations. Below are some conversation starters for discussing issues your student may face.

Conversation Starters

- *How will you decide whether or not to drink?*
- *How will you handle it if you feel pressure to drink? What will you say?*
- *If a roommate drinks excessively and the partying affects your sleep and studying, what will you do?*
- *What will you do if a friend you are with passes out because of excessive drinking?*
- *How will you handle it if you are asked to babysit someone who is very drunk?*

Stay Connected After Your Student Leaves for College

- *Stay involved with your student's life*
- *Call your student frequently during the first six weeks of college, especially on weekends*
- *Ask questions about your student's alcohol use*
- *Learn about your student's roommates and their new friends*
- *Encourage your student to get involved in activities and organizations on campus*

National Institute on Alcohol Abuse and Alcoholism. (2010). What parents need to know about college drinking. National Institutes of Health. Bethesda, Maryland. www.collegedrinkingprevention.gov

Turrisi, R., Mallett, K.A., Cleveland, M., Warvil-Weld, L., Abar, C.C., Scaglione, N. and Hultgren, B. (2013). An evaluation of timing and dosage of a parent-based intervention to minimize college students' alcohol consumption. Journal of Studies on Alcohol and Drugs, 74(1), 30-40.

Turrisi, Rob. (2010). A parent handbook for talking with college students about alcohol. The Pennsylvania State University. University Park, PA.

Penn State Safe and Aware

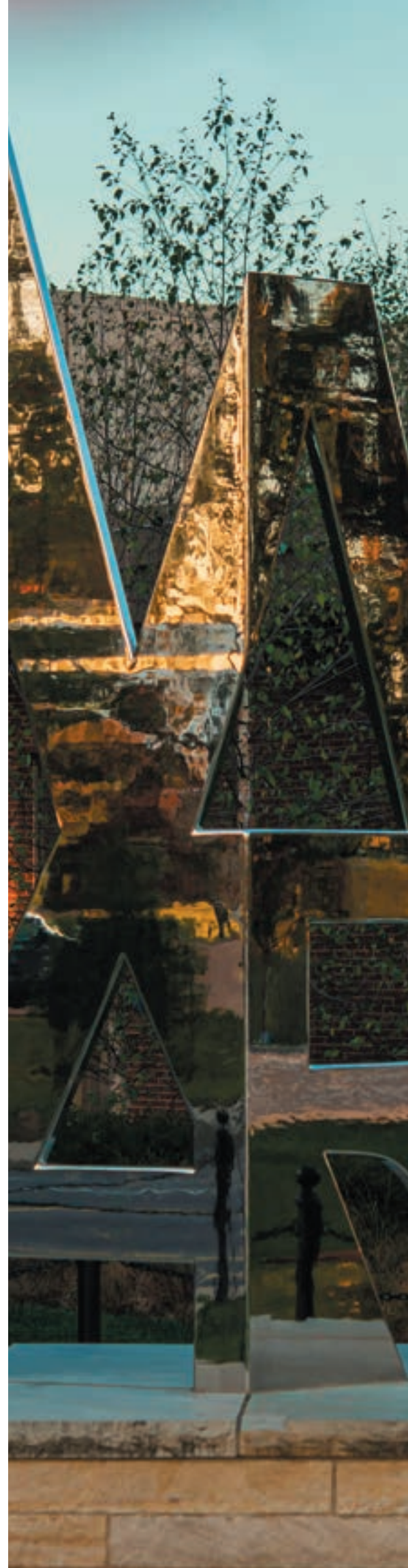
> <https://safeaware.psu.edu>

Penn State Safe and Aware is an interactive, online learning module that incoming students are required to complete before arriving to campus. The module provides information about alcohol, the alcohol laws in Pennsylvania, and Penn State's alcohol and drug policy. It also includes information about sexual assault, the sexual violence laws in Pennsylvania, and Penn State's resources for victims of sexual violence.

Students should complete Penn State Safe and Aware by:

- *June 28, 2023 (summer students)*
- *August 21, 2023 (fall students)*
- *January 8, 2024 (spring students)*

Explore the family version at <https://parents.safeaware.psu.edu>.



RESPONSIBLE ACTION PROTOCOL

The safety of our students is of paramount importance, and it is critical that the university create an environment that is conducive to reporting sexual misconduct and seeking emergency assistance for hazing-related injuries and other serious medical issues. While the university does not condone underage drinking, illegal drug use, or other violations of university policy or the law, the university understands that students may hesitate to get help for themselves and others when they are worried about the potential consequences, including student conduct action. Consequently, the university has established the following protocols for those who choose to prioritize safety.

Emergency Protocol: Alcohol and other Drugs

A student who takes the initiative to get assistance by notifying the appropriate authorities (e.g., calling 911, alerting a resident assistant, or contacting police) AND meets one or more of the criteria below, will typically not be subject to student conduct action for their own use or possession of alcohol or other drugs. The student will, however, be required to complete an appropriate alcohol or drug related educational intervention; any associated fees will be waived. This protocol may be appropriate when:

- *A student seeks medical assistance for themselves when experiencing an alcohol or drug overdose, or related problems.*
- *A student seeks medical assistance for a peer experiencing an alcohol or drug overdose, or related problems, AND remains with that peer until the appropriate authorities arrive.*
- *A student experiencing an alcohol or drug overdose, or related problems, for whom another student seeks assistance.*

Students who are, or know someone who is, struggling with substance misuse are encouraged to access resources and support available through Penn State Health Promotion and Wellness, the Collegiate Recovery Community, and Counseling and Psychological Services.

Emergency Protocol: Hazing

A student who takes the initiative to get assistance by notifying the appropriate authorities (e.g., calling 911, alerting a resident assistant, or contacting police) AND meets the criteria below, will typically not be subject to student conduct action for hazing. The student will, however, be required to complete appropriate educational interventions to prevent the recurrence of the reported behavior. This protocol may be appropriate when:

- *A student seeks medical assistance for a peer based on a reasonable belief that the person was in need of immediate medical attention to prevent death or serious injury;*
- *the student provides their name; and*
- *the student remains with that peer until the appropriate authorities arrive.*

At all times, students are encouraged to notify the University as soon as possible when they become aware that hazing has, or may, occur. Reports can be filed with the Office of Student Accountability and Conflict Response, or submitted anonymously to the Office of Ethics and Compliance.

Reporting Sexual Misconduct Protocol

A student who makes a report to the University or other appropriate authority (e.g., law enforcement) about experiencing sexual misconduct, or is reporting the experience of another, will typically not be subject to student conduct action related to their own possession or consumption of alcohol or other drugs in connection with the reported incident. As appropriate, involved students may be required to complete an educational intervention to address concerns about the student's substance use; any associated fees will be waived.

At all times, students are encouraged to notify the University as soon as possible when they become aware that sexual misconduct has, or may, occur. Reports can be filed with the Office of Sexual Misconduct Prevention and Response, or submitted anonymously to the Office of Ethics and Compliance.

When student exhibits a pattern of problematic and/or high-risk behavior, or when the behavior involves other serious alleged violations of the Student Code of Conduct, the University may determine it is appropriate to initiate formal student conduct action in lieu of, or in addition to, these protocols.



STUDENT RIGHTS AND RESPONSIBILITIES

Office of Student Accountability and Conflict Response

- > [120 Boucke Building](#)
- > [\(814\) 863.0342](#)
- > studentaffairs.psu.edu/student-accountability

The Office of Student Accountability and Conflict Response (OSACR) works to uphold community and university standards through compassionate interventions in which student are heard, respected, and treated with dignity. These students, including student organization leaders, have the developmental opportunity to participate in fair and impartial resolution processes which encourage personal accountability and responsible decision-making, promote reflection and restoration, and reduce and prevent behavior which undermines student success and community safety.

Student Code of Conduct

- > studentaffairs.psu.edu/student-accountability/code-procedures

OSACR is responsible for the oversight and implementation of the Student Code of Conduct and related written procedures. The Code outlines community standards for student behavior, both on- and off-campus, while the written procedures explain how alleged violations of the Code are managed within the Student Conduct process.

When a student or student organization is named in a report and/or participates in a resolution process, a record is created and maintained by OSACR. For more information regarding the maintenance and distribution of Conduct records visit studentaffairs.psu.edu/studentaccountability/resources-and-faqs/informationstudents-student-records.

In addition to managing formal allegations of misconduct, the OSACR also offers a wide-range of Adaptable Resolutions and Conflict Response options. For more information about these resolution option, please visit studentaffairs.psu.edu/student-accountability/code-procedures/adaptable-resolutions.

Parent and Family Notification Policy

Under the Family Educational Rights and Privacy Act (FERPA), colleges and universities are afforded certain liberties relative to notifying parents or guardians of information concerning their student. In order to involve students' families in the total educational experience of the student and to facilitate communication between students and their parents/legal guardians, the OSACR has established a notification and disclosure policy. The goals of this policy are:

- *To clarify when notification and/or disclosure may be appropriate.*
- *To partner with families in support of their student.*
- *To identify additional supportive points of intervention for students.*

When a dependent student accepts responsibility for a violation or is found in violation of the Code, a notification letter will typically be sent to their parent or guardian in the following circumstances:

- *There was a "Substance Use Misconduct" violation, and the student is under 21.*
- *The Action Plan includes Suspension, Expulsion, and/or Loss of Housing (including those administrative sanctions issued in a conditional status).*

This letter summarizes the outcome of the process and lists the official University violation(s) and outcomes. It is recommended that the first response to receiving this letter is initiating a conversation with your student. Follow-up questions can then be directed to the case manager in OSACR.

Absent unusual circumstances which qualify as an exception to FERPA, the University does not notify parents and/or guardians of students who are not dependent students.

For more information regarding Parent and Family Notification and Disclosure visit studentaffairs.psu.edu/student-accountability/resources-and-faqs/information-families.

Pennsylvania's Antihazing Law

In 2018, Pennsylvania adopted the Timothy J. Piazza Antihazing Law which:

- *Establishes a tiered penalty with stricter punishments for hazing (including felony-level violations)*
- *Holds individuals and organizations accountable for hazing*
- *Requires schools to publish anti-hazing policies and publicly report hazing violations*
universityethics.psu.edu

To the extent possible, any student, organization, faculty or staff member, contractor, or volunteer of the University will be held accountable for hazing-related violations both by the University and by the appropriate law enforcement agency. Any allegations of hazing should be reported to the University's Office of Ethics and Compliance or the Office of Student Accountability and Conflict Response, in addition to the police.

The Timothy J. Piazza Antihazing Law, in addition to Pennsylvania's medical amnesty law, provide immunity from prosecution when a student seeks help for themselves or others who need medical attention. See PG 49 for more detail on when medical amnesty applies. Students who seek help may also avoid formal student conduct action under the Penn State Responsible Action Protocol. For more information regarding medical amnesty and the University's Responsible Action Protocol, please visit studentaffairs.psu.edu/health-wellness/alcoholamnesty.

Academic Integrity at Penn State

Academic integrity is a basic guiding principle for all academic activity at Penn State, and all members of the University community are expected to act in accordance with this principle. Academic misconduct includes, but is not limited to, copying, plagiarism, fabrication of information or citations, facilitation of acts of academic misconduct by others, unauthorized possession of examinations, submitting work of another person or work previously used without informing the instructor, and tampering with the academic work of other students.

OFFICE OF SEXUAL MISCONDUCT PREVENTION AND RESPONSE (OSMPR)

- > [120 Boucke Building](#)
- > [\(814\) 867.0099](#)
- > titleix@psu.edu
- > titleix.psu.edu

Penn State is committed to providing an environment that is free from discrimination or harassment based on sex or gender. Resources are available to members of the University community to provide a prompt and effective response when such incidents occur. Behaviors that fall under policy AD-85 Title IX Sexual Harassment and AD-91 Discrimination and Harassment and Related Inappropriate Conduct include*:

Gender-based Harassment

Behavior consisting of physical or verbal conduct based on gender, sexual orientation, gender-stereotyping, perceived gender, or gender identity

Sexual Harassment

Unwelcome sexual advances, requests for sexual favors, and other verbal or physical conduct of a sexual nature

Sexual Misconduct

Rape, sexual assault, sexual battery, sexual exploitation, and other forms of non-consensual sexual activity

Stalking

Repeatedly following, harassing, threatening, or intimidating including by telephone, mail, electronic communication, or social media

Dating Violence

May include physical, emotional, verbal, and/or economic abuse

Domestic Violence

May include physical, emotional, verbal, and/or economic abuse

Retaliation

Adverse employment, academic, or other actions against anyone reporting or participating in an investigation of Title IX allegations

*These are intended to serve as representative examples. For the full definitions of prohibited conduct and consent, and more information about reporting options and amnesty, please refer to the relevant policy.

Amnesty

Penn State offers confidential and non-confidential reporting options for those who have become a victim of sexual harassment, sexual assault, dating violence, or stalking. The University strongly encourages students to report incidents violating this policy. Therefore, students who act responsibly by reporting information about sexual and/or gender-based harassment or misconduct typically will not face University disciplinary action for their own drug or alcohol possession or consumption in connection with the reported incident.

Consent

Any sexual contact that occurs without consent violates Penn State's policy. Consent is a knowing, voluntary, and mutual decision among all participants to engage in sexual activity. Consent must be informed, freely given, and mutual.

Reporting Options

Penn State offers a variety of confidential and non-confidential reporting options if you or a friend is the victim of sexual and gender-based harassment or sexual misconduct.

Student survivors, witnesses, and bystanders who report, in good faith, any incident of sexual assault, dating or domestic violence, or stalking will NOT be charged with an alcohol or drug violation of the Student Code of Conduct.

| Reporting Options (Confidential) |
|---|
| <p>Counseling and Psychological Services (CAPS)</p> <ul style="list-style-type: none"> • (814) 863.0395 • studentaffairs.psu.edu/counseling |
| <p>Gender Equity Center</p> <ul style="list-style-type: none"> • (814) 863.2027 • studentaffairs.psu.edu/genderequity |
| <p>Centre Safe</p> <ul style="list-style-type: none"> • (814) 234.5050 • centresafe.org |
| Reporting Options (Non-Confidential) |
| <p>OSMPR</p> <ul style="list-style-type: none"> • (814) 867.0099 • titleix.psu.edu |
| <p>Office of Student Accountability and Conflict Response</p> <ul style="list-style-type: none"> • (814) 863.0342 • studentaffairs.psu.edu/student-accountability |
| <p>University Police</p> <ul style="list-style-type: none"> • (814) 863.1111 • police.psu.edu |
| <p>Activates Campus Response:</p> <p>The Title IX coordinator oversees the University response, which includes providing resource information and discussion of procedural options</p> |
| <p>Local Law Enforcement</p> <ul style="list-style-type: none"> • 911 |
| <p>Accommodations/Interim remedies may be taken, including:</p> <p>A no-contact order, classroom and housing adjustments, access to on-and-off campus support services</p> |
| <p>OSMPR may conduct an investigation or resolve the matter through an informal process. The University will review all relevant information and determine if the behavior violates the University's Code of Conduct</p> |
| <p>Learn more about campus, community, and University resources at titleix.psu.edu</p> |

CAMPUS SAFETY

Penn State University Police and Public Safety

- > [Eisenhower Parking Deck](#)
- > [911 or \(814\) 863.1111 \(EMERGENCY\)](#)
- > [\(814\) 865.1864 \(NON-EMERGENCY\)](#)
- > [police.psu.edu](#)

Penn State police officers have full law enforcement authority and criminal investigative responsibility at 22 campuses, including University Park. Officers have the same authority as state and municipal police officers in Pennsylvania and are authorized to carry firearms and empowered to make arrests.

Penn State police officers are responsible for the protection of students, employees, and visitors at Penn State. Officers are also charged with the protection of life, property, and maintenance of order for campus as well as the enforcement of all Pennsylvania laws and University regulations.

University Police has specialized units, including:

- *Criminal investigations*
- *K-9*
- *Bike patrol*
- *Bomb technicians*
- *Drone unit*
- *Dispatching services*
- *Community oriented policing*
- *Student auxiliary officers*

The department consists of sworn police officers and supervisory staff, assistant police officers, and police dispatchers. These employees provide protection and service 24 hours a day, 365 days a year. Police officers are assigned to mobile, bicycle, and foot patrols. In addition to the full-time sworn staff, civilian staff and student auxiliary officers aid in fulfilling the mission. Student auxiliary officers are a uniformed student unit within University Police. These students serve as security and at special events.

Reporting Crimes

- > [Call 911](#)
- > [\(814\) 863.1111](#)
- > [police.psu.edu/report-crime](#)

Together we play a role in supporting safety on campus. We encourage students, staff, and visitors to report crimes immediately.

Physical Security

- > [police.psu.edu/physical-security](#)

The Office of Physical Security resides within University Police and provides professional security and fire alarm protection services to the University community consistent with the University's mission, culture, and resources to facilitate a safe and secure campus environment.

Emergency Telephones

- > [police.psu.edu/physical-security](#)

To assist with expedient reporting in emergency situations, emergency phones have been installed at various locations around campus. A direct line to University Police is available on these phones. There are two types of emergency phones that either require the user to either lift the receiver or push a red button. Once the phone is activated, it will immediately ring at the University Police Dispatch Center. The location will then be recorded, and necessary action will be taken.

Safe Walk Program

- > [\(814\) 865.WALK \(9255\)](#)

The Safe Walk program is designed to provide walking accompaniment to students and employees who may feel unsafe walking alone on campus at night. Mobile transport may also be provided to augment the walking service, when appropriate. The Safe Walk program operates out of the Student Auxiliary unit. Uniformed student employees, who carry police radios, will walk students and employees from one on-campus location to another. Accompaniments are available from dusk to dawn 365 days a year. Please talk to your student about this program and encourage them to store the number on their cell phone.

PSUAlert

- > [psualert.psu.edu](#)
- > [Twitter: @PSUAlertUP](#)
- > [Facebook: facebook.com/pennstate](#)

PSUAlert is an emergency notification service for Penn State students and employees that allows the University to send text and/or voice messages to cell phones in the event of an emergency. All students automatically receive PSUAlert messages at their Penn State email address. Encourage your student to add their cell phone number and other emergency contact information to PSUAlert. A student may also add parents' contact information.

Emergency Planning and Procedures

- > [police.psu.edu/emergency-preparedness](#)

University Police and Public Safety has plans to address emergencies through coordination with local agencies and organizations that could impact operations. These include plans for emergencies, such as power outages, inclement weather, acts of terrorism or aggression, and infectious diseases. As an ongoing process, these plans are updated to address necessary provisions for students and employees.

Behavioral Threat Management

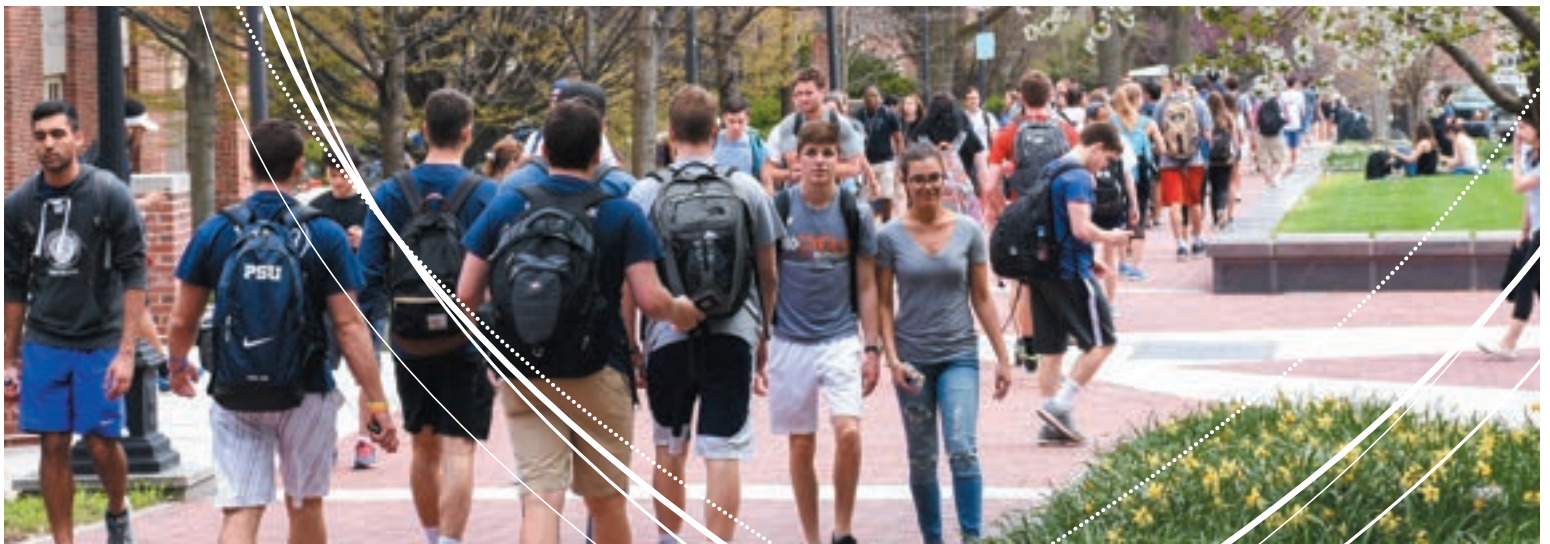
- > [btmt.psu.edu](#)

To enhance emergency preparedness and prevention efforts, Penn State has established a Behavioral Threat Management Team (BTMT). The objective of the BTMT is to systematically identify, evaluate, and manage potentially threatening situations, including persons of concern, at the University. The multidisciplinary team is composed of people from across the University.

Victim Resources

- > [\(814\) 863.0823](#)
- > [police.psu.edu/victim-resources](#)

University Police has a Victim Resource Officer that specializes in assisting victims of crime. The officer can help connect victims with programs and services that are available on campus and in the surrounding community.



ALCOHOL LAWS IN PENNSYLVANIA

Crime Prevention Programs

> police.psu.edu/community-education

The Community Oriented Policing Unit coordinates, develops, and delivers a variety of free relevant safety and crime prevention programs. Your student can contact University Police to request one of these programs for their group or organization.

Crime Statistics

> police.psu.edu/annual-security-reports

Under Federal and State requirements, the University publishes an annual security report entitled "Policies, Safety, and U." This report contains crime statistics from the previous three years as well as other valuable information about safety and security at Penn State. The annual security report for each campus and each of the three previous years is available on the police website. Statistics are reported to the U.S. Department of Education website and the Pennsylvania State Police Uniform Crime Reporting website and are also available to the public on those sites.

Additionally, University Police maintains a daily log, which is open to public inspection, free of charge, during normal business hours in the University Police Records Office at University Support Building 1 or online at police.psu.edu/daily-crime-log.

Penn State's Active Attacker Response Program: Run, Hide, Fight™

> runhidefight.psu.edu

Based upon the Run, Hide, Fight™ model developed by the City of Houston, Penn State's Active Attacker Response Program offers the same three action steps if confronted with an active assailant, making it easy to remember and act upon in an emergency: run if you can, hide if you can't, and fight as a last resort. Participants who attend this program will learn how to prepare to respond to an active attacker situation.

> legis.state.pa.us

This is a general summary of several alcohol laws in Pennsylvania. For more details about each law and information about additional alcohol laws, visit the website above.

Underage Drinking

The legal drinking age is 21. Underage drinking is illegal. It is illegal for anyone under 21 years of age to attempt to purchase, consume, possess, or knowingly and intentionally transport any liquor, malt, or brewed beverage. Penalties may include:

| Penalty | Fine | Jail |
|--------------------|------------|-------------|
| 1st Offense | 0 - \$500 | 0 - 90 Days |
| 2nd Offense | 0 - \$1000 | 0 - 90 Days |
| Additional Offense | 0 - \$1000 | 0 - 90 Days |

By law, the State College Police Department and University Police are required to notify parents or guardians of all underage drinking violations. See Parent and Family Notification Policy on (PG 46).

Carrying False ID

It is illegal for anyone under 21 to possess an identification card falsely identifying that person by name, age, date of birth, or photograph as being 21 or older or obtain or attempt to obtain liquor, malt, or brewed beverage by using the identification card of another or by using an identification card that has not been lawfully issued to or in the name of the person who possesses the card.

| Penalty | Fine | Jail |
|--------------------|-----------|-------------|
| 1st Offense | 0 - \$300 | 0 - 90 Days |
| 2nd Offense | 0 - \$500 | 0 - 1 Year |
| Additional Offense | 0 - \$500 | 0 - 1 Year |

Public Drunkenness

It is illegal to appear in any public place under the influence of alcohol to the degree that you may endanger yourself or other persons or property, or annoy others in your vicinity.

| Penalty | Fine | Jail |
|--------------------|------------|-------------|
| 1st Offense | 0 - \$500 | 0 - 90 Days |
| 2nd Offense | 0 - \$1000 | 0 - 90 Days |
| Additional Offense | 0 - \$1000 | 0 - 90 Days |

Furnishing Alcohol to Minors

It is illegal to knowingly sell, furnish, or purchase with the intent to sell or furnish, any liquor, malt, or brewed beverage to a person who is less than 21 years of age. You can be convicted of furnishing alcohol even if you are under age 21. The fine for a first offense is at least \$1,000 and the second or more is \$2,500. Jail is up to one year for all.

Driving Under the Influence (DUI)

It is illegal for anyone under 21 to drive a vehicle with a blood alcohol content of .02 or higher, and it is illegal for those 21 or older to drive with a blood alcohol content of .08 or higher. A first-time offense individual, under certain circumstances, may qualify for an Accelerated Rehabilitative Disposition (ARD) program.

The following penalties may apply if a person between the ages of 18 and 21 is convicted of a DUI with a blood alcohol content below .16%:

| 1st Offense | | | |
|--|---------------------|--------------------|---|
| Fine | Jail | License Suspension | Other |
| \$500 - \$5,000 | 48 Hours - 6 Months | 1 Year | Alcohol Highway Safety School Court Reporting Network File |
| 2nd Offense | | | |
| Fine | Jail | License Suspension | Other |
| \$750 - \$5,000 | 30 Days - 6 Months | 1 Year | Alcohol Highway Safety School Court Reporting Network File |
| 3rd Offense | | | |
| Fine | Jail | License Suspension | Other |
| \$1,500 - \$10,000 | 90 Days - 1 Year | 1.5 Years | Court Reporting Network File Drug & Alcohol Evaluation |
| *Penalties differ based on age, blood alcohol content, and other factors. Penalties vary for individuals under 18. | | | |

**If a student is from a state other than PA and the home state is part of the national compact on DUI enforcement (46 states are), the student must fulfill these penalties in PA and his/her license from the home state will be suspended, if applicable.*

ALCOHOL LAWS IN PENNSYLVANIA

Pennsylvania's Medical Amnesty Law

Pennsylvania law provides immunity from prosecution for underage drinking and/or hazing for an individual who seeks help for a friend who has a medical emergency due to underage alcohol consumption or hazing. The immunity also applies to the friend for whom medical assistance was sought. When a person violates underage drinking or hazing laws and calls 911 to get help for a peer who needs immediate medical attention due to excessive alcohol consumption or hazing, the caller and the peer for whom assistance was sought will not be charged with underage drinking or hazing as long as:

- That persons' phone call was the initial way law enforcement found out about the hazing and/or underage person's drinking violation
- The caller reasonably believed they were the first to call and report the emergency
- The person correctly identified themselves by name when reporting the emergency
- The person remained with the individual needing medical assistance until emergency services arrived

STATE COLLEGE, PA ORDINANCES

> statecollegepa.us

Open Container Ordinance

It is illegal to have an open container of alcohol in any public parking lot or public parking garage, public street, public sidewalk, public alley, or public park in State College. Violations result in fines of not less than \$250 for the first offense; \$500 for the second offense; and not less than \$1,000 for any subsequent offenses in any 120 day period plus court costs; or 30 days in prison if fines and costs are not paid.

Public Urination and Defecation Ordinance

It is illegal to urinate or defecate in/on a public place, private property where the public is admitted, and private property without the consent of the owner. It is illegal to urinate or defecate in any public place other than in an appropriate sanitary facility and a separate offense to fail to clean, remove, or dispose of it properly. Violations are summary offenses with a fine of not less than \$750 for the first offense and \$1,000 for any subsequent offense plus court costs for each violation.

MARIJUANA LAWS

Possession of Marijuana

It is unlawful for a person to knowingly, or intentionally possess marijuana (Hashish), a Schedule I substance.

Persons engaged in such activity will most likely face criminal charges and a violation of the Student Code of Conduct. The charges for marijuana possession include:

| Quantity | Charge | Jail Time | Fine |
|------------------|-------------|-----------|-------------|
| 30 Grams or Less | Misdemeanor | 30 Days | 0 - \$500 |
| Over 30 Grams | Misdemeanor | 1 Year | 0 - \$5,000 |

Possession of Drug Paraphernalia

It is unlawful for a person to use or possess, with the intent to use, drug paraphernalia that is used for packaging, manufacturing, injecting, ingesting, inhaling, or otherwise introducing into the human body a controlled substance in violation of the Controlled Substances, Drugs, Device and Cosmetic Act of 1972.

Pennsylvania's Medical Marijuana Act

Pennsylvania's Medical Marijuana Act went into effect on May 17, 2016. However, marijuana in any form remains a prohibited controlled substance under federal law, and therefore the possession, cultivation, and use by individuals remain illegal under federal law. The Pennsylvania Medical Marijuana Act conflicts with federal criminal laws governing controlled substances, as well as federal laws requiring institutions receiving federal funds, by grant or contract, to maintain drug-free campuses and workplaces. Penn State receives federal funding that would be in jeopardy if those federal laws did not take precedence over state law. Therefore, the use and/or possession by individuals of marijuana in any form and for any purpose continues to violate applicable University policies, and any student or employee who violates such policies may be subject to disciplinary sanctions.

State College Marijuana Ordinance

The laws regarding marijuana possession on campus differ from those in State College. A State College Borough Ordinance gives police officers the option to charge an individual with summary offenses, instead of misdemeanor offenses, for possession of a small amount of marijuana, and possession of marijuana paraphernalia* within the Borough of State College. Fines range from \$250 to \$350. State College Police still have the option to charge marijuana and paraphernalia use and possession as misdemeanor offenses.

Because Penn State receives federal funding the University Police must still follow federal and state laws that consider marijuana and paraphernalia use and possession a misdemeanor when such use or possession occurs on campus.

Students using or possessing marijuana on or off campus are also subject to disciplinary sanctions from the Office of Student Accountability and Conflict Response. Code of Conduct sanctions are separate from any legal charges and can be generated whether a student receives a summary offense, state, or federal charges.

**The definition of marijuana paraphernalia is more limited under the Borough ordinance than it is under Pennsylvania law.*

ALCOHOL AND ILLEGAL SUBSTANCES POLICY IN THE RESIDENCE HALLS

> liveon.psu.edu/universitypark/terms-conditions.

Alcohol

1. *The possession or use of alcoholic beverages is prohibited in all University Housing, including undergraduate students living in University apartments, for students of any age.*
2. *It is a violation of Pennsylvania state law, local municipality, and/or University policy for a student under 21 years of age to attempt to purchase, consume, possess, or transport alcoholic beverages. It is unlawful to sell, furnish, or give to any minor, or permit that alcoholic beverages be sold, furnished, or given to any minor.*
3. *It is against University policy for there to be any tailgating activities held within the residential quad areas or residence hall parking lots where alcoholic beverages are being served on any football game/event weekend, including all home football games, Football Eve, 4th Fest, Arts Festival, and Blue and White Weekend. Students tailgating with alcoholic beverages in these defined areas will be confronted and will likely be charged with an "open containers in an unauthorized area" violation.*
4. *A student will be held responsible for activities that occur in their room and will be referred to Residence Life, the Office of Student Accountability and Conflict Response (OSACR), and/or University Police if guests are violating the on-campus alcohol policy in this provision.*
5. *Failure to comply with the direction given by or the request to present identification, or supplying false information such as name, age, etc., to a University official acting in the performance of their job duties is a violation of the Student Code of Conduct, and will result in a referral to Residence Life and/or the Office of Student Accountability and Conflict Response (OSACR).*

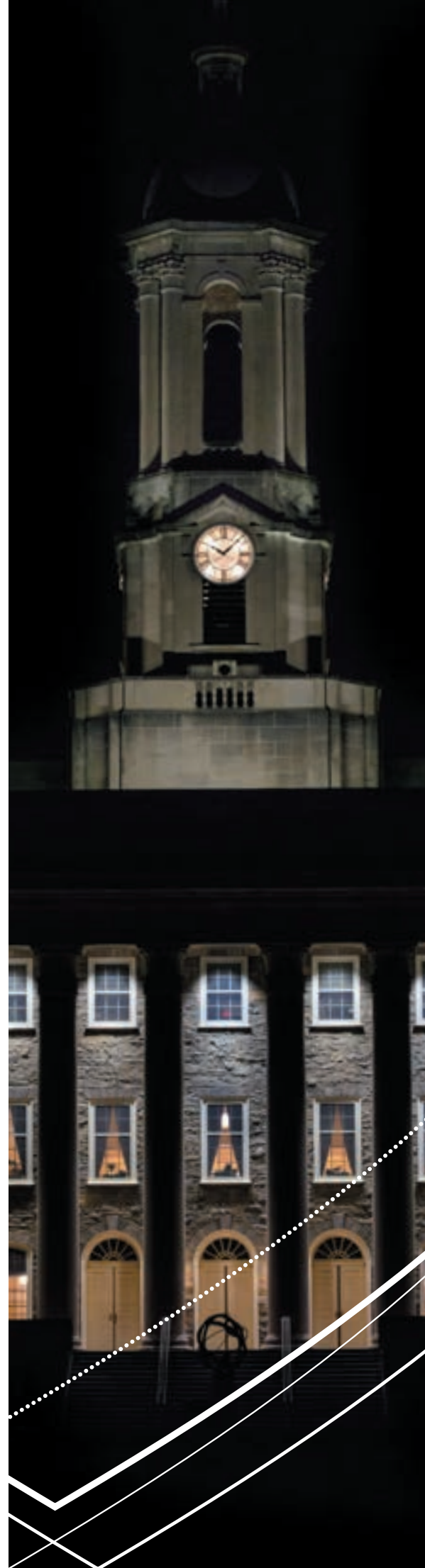
If your student is prescribed medicinal marijuana, please reach out to the Residence Life or Housing offices before moving into a residential space as possession of marijuana on campus is not permitted.

Illegal Substances (Drugs)

1. *It is a violation of Pennsylvania state law, local municipality, and/or University policy to possess, distribute, manufacture, or sell illegal drugs. Medical marijuana is not permitted to be used on University property.*
2. *It is against University policy for a student to be under the influence of an illegal substance or to be in a residential area (room, common area, common building, building entryway, or quad area within residence area complex) and in the presence of an illegal substance.*
3. *If a student violates these laws or policies or is caught in the presence of an illegal substance, the student will be referred to Residence Life, the Office of Student Accountability and Conflict Response (OSACR), and/or University Police.*

No Smoking Policy

The University promotes a smoke-free environment. The use of cigarettes, e-cigarettes, vaping devices, cigars, pipes, smokeless tobacco, all nicotine delivery devices, and other tobacco products are not permitted on campus, including University housing and commons buildings. Medical marijuana is not permitted to be used on University property.



UNIVERSITY RESOURCES

- > Getting Around Campus
- > Getting Out of Town
- > Area Lodging
- > University Resources
- > Talk Like a Penn Stater

TRANSPORTATION, PARKING, AND VISITING CAMPUS

Getting Around Campus

Campus is a large place, but students can get around easily by walking, biking, or catching no-fare, on-campus/downtown buses, and shuttles.

Campus and Community Buses

- > catabus.com
- > transportation.psu.edu/campus-shuttle

The Centre Area Transportation Authority (CATA) provides frequent, no-fare campus/downtown service via the Loop and Link routes. Penn State also operates no-fare Campus Shuttle routes that serve campus and downtown stops, including areas on the north end of campus not served by CATA. Additional CATABUS routes connect the campus with outlying communities, shopping centers, and businesses. These routes require a fare and students can pay with cash, bus token, or a long-term pass.

Bicycles

- > biking.psu.edu
- > [spin.app](#)

Local policy requires that all bikes be registered to assist local authorities when bicycles are abandoned or when lost or stolen bikes are recovered. Registration is free and available online. University Park was recently named a gold-level Bicycle Friendly University by the League of American Bicyclists and offers more than 800 racks for parking, multiple repair stations, and free workshops and clinics at the Bike Den, a new DIY bike repair and community space located at the West Deck. Spin electric-assist bikes are also available to rent across campus and downtown.

Skateboards, Scooters, and Skates

- > policy.psu.edu/policies/sy16

The use of skateboards on campus is prohibited. Roller skates, in-line skates, scooters, sleds, and similar coasting devices are prohibited on roadways.

Student Parking

- > transportation.psu.edu/student-parking

Students who have completed at least 29.1 approved credits are eligible for resident or long-term parking on campus. Commuter parking is available for off-campus students who wish to park on campus for class and other activities. There is no minimum credit requirement for on-campus parking during summer session, and parking may be available to first-year students after Thanksgiving if space is available.

Visitor Parking

- > [\(814\) 865.1436](tel:8148651436)
- > transportation.psu.edu/visitors
- > parking@psu.edu

Planning a campus visit? On most days, parking is available for a small hourly charge at the East, HUB, Nittany, and West parking decks. Paid parking is also available at the Jordan East, Stadium West, and Porter North lots near the Bryce Jordan Center and Beaver Stadium and other select lots on campus through the ParkMobile app. However, parking rules and rates change during student arrival, football game weekends, and other special events, including Parents and Families Weekend. Visitors can reserve parking at discounted rates for most Bryce Jordan Center and Intercollegiate Athletic events and other select events through the ParkMobile app.

Getting Out of Town

- > studentaffairs.psu.edu/parents-families/resources/lodging-transportation

Buses

Greyhound, Fullington, and Megabus provide service from State College to cities including Philadelphia, Pittsburgh, New York City, Baltimore, and Washington DC. Greyhound and Fullington pick-up and drop-off at the bus station located close to campus on Atherton Street. Megabus has a stop in the parking lot of the Walmart Shopping Center on North Atherton Street, approximately 2.5 miles from campus. Seats fill fast during peak travel time, such as Fridays, holidays, and semester breaks. In addition, the College Break Bus runs chartered buses during semester breaks. Making reservations as early as possible is recommended.

Air Travel

The University Park Airport (SCE) is located approximately six miles north of campus. Commercial air service is provided by American Airlines, United, and Delta. Many students choose to fly out of airports outside of the University Park area. Visit our webpage for suggestions on how to travel to other airports.

Trains

The nearest stations to campus are at least 30 minutes away in Lewistown, Tyrone, Huntingdon, and Altoona. Amtrak offers bus services to some stations from the Atherton Street bus terminal. Transportation to and from these stations is not offered by CATA or the University.

Ride Matching and Trip Planning (RideOn)

- > rideon.psu.edu

RideOn is a free ride-matching and trip-planning platform available exclusively to Penn State students, faculty, and staff to help get to, from, and around campus. Users can find ride matches for one-time trips and daily carpooling based on their destination and schedule and see carpool, public transportation, and biking options in one convenient platform to help plan their journey.

AREA LODGING

- > happyvalley.com

Planning a visit with your student? Area hotels fill up quickly during busy weekends including Parents and Families Weekend, home football games, and graduation. The Happy Valley Adventure Bureau can help connect you with resources.

Other Lodging Options

On some weekends, you may need to look outside of the local area. Bellefonte, Lewistown, Lamar, and Altoona offer more options within a 10-45 minute drive to campus. There are also non-traditional options including Airbnb, StateCations, and Rent Like a Champion that offer private homes for rent.

UNIVERSITY RESOURCES

| Resource | Website | Phone Number | Page |
|---|---|-----------------------|------|
| Campus Map | map.psu.edu | | BACK |
| Penn State Operator | psu.edu/contact-us | (814) 865.4700 | |
| Parents Program | parents.psu.edu | (814) 863.1313 | 4 |
| Penn State Alumni Association | alumni.psu.edu | (800) 548.5466 | 32 |
| Academic Life | | | |
| Division of Undergraduate Studies | dus.psu.edu | (814) 865.7576 | 14 |
| Educational Equity | equity.psu.edu | (814) 865.5906 | 19 |
| Penn State Global | global.psu.edu | (814) 865.7681 | 18 |
| Multicultural Resource Center | equity.psu.edu/mrc | (814) 865.1773 | 19 |
| Penn State Bookstore | psu.bncollege.com | (814) 863.0205 | 18 |
| Penn State Learning | pennstatelearning.psu.edu | (814) 865.2582 | 18 |
| Schreyer Honors College | shc.psu.edu | (814) 863.2635 | 19 |
| Student Disability Resources | equity.psu.edu/sdr | (814) 863.1807 | 19 |
| Student Orientation and Transition Programs | orientation.psu.edu | (814) 865.4178 | 14 |
| Summer Session / LEAP | summersession.psu.edu | (814) 863.4174 | |
| University Libraries | libraries.psu.edu | (814) 865.6368 | 19 |
| Undergraduate Research and Fellowships Mentoring | urfm.psu.edu | (814) 863.8199 | 19 |
| Veterans Programs | equity.psu.edu/veterans | (814) 863.0465 | 19 |
| Money Matters & Technology | | | |
| Bursar | bursar.psu.edu | (814) 865.6528 | 21 |
| id+ Office | idcard.psu.edu | (814) 865.7590 | 25 |
| Penn State IT | it.psu.edu | (814) 863.3746 | 26 |
| Registrar | registrar.psu.edu | (814) 865.6357 | 23 |
| Software at Penn State | software.psu.edu | (814) 863.7777 | 26 |
| Student Aid | studentaid.psu.edu | (814) 865.6301 | 22 |
| Health & Safety | | | |
| Penn State Crisis Line (24/7) | | (814) 229.6400 | 42 |
| Counseling and Psychological Services (CAPS) | studentaffairs.psu.edu/counseling | (814) 863.0395 | 42 |
| Emergencies: Ambulance, Fire, Police | | 911 or (814) 863.1111 | |
| Health Promotion and Wellness | studentaffairs.psu.edu/health-promotion | (814) 863.0461 | 43 |
| Mount Nittany Medical Center | mountnittany.org | (814) 231.7000 | |
| Office of Sexual Misconduct Prevention and Response | titleix.psu.edu | (814) 867.0099 | 47 |
| Student Accountability and Conflict Response | studentaffairs.psu.edu/student-accountability | (814) 863.0342 | 46 |
| Student Health Insurance | studentaffairs.psu.edu/health-insurance | (814) 865.4847 | 41 |
| Title IX Coordinator | titleix.psu.edu | (814) 867-5088 | |
| University Health Services | studentaffairs.psu.edu/health | (814) 865.4847 | 39 |
| Non-Emergencies: University Police | police.psu.edu | (814) 865.1864 | 47 |

| Campus Life | | | |
|--|--|----------------|-------|
| Adult Learner Programs | studentaffairs.psu.edu/adults | (814) 863.7378 | 29 |
| Athletic Ticket Office | gopsusports.com/tickets | (800) 648.8269 | 32 |
| Bryce Jordan Center | bjc.psu.edu | (800) 745.3000 | 32 |
| Campus Recreation | studentaffairs.psu.edu/campusrec | (814) 867.1600 | 32 |
| Career Services | studentaffairs.psu.edu/career | (814) 865.2377 | 30 |
| Center for Character, Conscience and Public Purpose | studentaffairs.psu.edu/thecenter | (814) 867.6402 | 30 |
| Center for the Performing Arts | cpa.psu.edu | (814) 863.0255 | 32 |
| Center for Sexual and Gender Diversity | studentaffairs.psu.edu/csgd | (814) 863.1248 | 29 |
| Center for Spiritual and Ethical Development | studentaffairs.psu.edu/spiritual | (814) 865.6548 | 29 |
| Food Services | liveon.psu.edu/university-park | (814) 863.1255 | 36 |
| Fraternity and Sorority Life | greeks.psu.edu | (814) 863.8065 | 30 |
| Gender Equity Center (GenEq) | studentaffairs.psu.edu/genderequity | (814) 863.2027 | 29 |
| Housing | liveon.psu.edu/university-park | (814) 865.7543 | 33 |
| HUB-Robeson Center | studentaffairs.psu.edu/hub | (814) 863.9755 | 30 |
| Off-Campus Student Support | livingoffcampus.psu.edu | (814) 865.2346 | 37 |
| Paul Robeson Cultural Center | studentaffairs.psu.edu/cultural | (814) 865.3776 | 29 |
| Residence Life | studentaffairs.psu.edu/reslife | (814) 863.1710 | 35 |
| Student Care and Advocacy | studentaffairs.psu.edu/studentcare | (814) 863.2020 | 29 |
| Student Engagement Programs | studentaffairs.psu.edu/engagement | (814) 863.3786 | 31 |
| Student Leadership and Involvement | studentaffairs.psu.edu/get-involved | (814) 863.4624 | 31 |
| Student Legal Services | studentaffairs.psu.edu/legalservices | (814) 867.4388 | 30 |
| Timothy J. Piazza Center for Fraternity and Sorority Research and Reform | studentaffairs.psu.edu/piazzacenter | | 30 |
| University Resources | | | |
| Parking Office | transportation.psu.edu | (814) 865.1436 | 53 |
| Penn State Parents Fund | giveto.psu.edu/parentsfund | (814) 865.6533 | 4, 60 |
| Visitors Bureau | happyvalley.com | (800) 358.5466 | 53 |

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TALK LIKE A PENN STATER

ARHS (Association of Residence Hall Students)

Student representatives for all students living on campus

Be a Part from the Start

Peep rally hosted for new students at the beginning of each fall semester

Blue and White Loop

Free CATABUS routes that run in a continuous loop around campus and the downtown community

BJC (Bryce Jordan Center)

Entertainment and athletic facility that hosts concerts and is home to Penn State men's and women's basketball

Canvas

The online learning management system for students to manage, navigate, and access their courses

CAPS (Counseling and Psychological Services)

Counseling and other services to support student wellness

CATA (Centre Area Transportation Authority)

Local bus system that operates throughout State College and campus

Commonwealth Campuses

Penn State's campuses located throughout Pennsylvania

The Creamery (The Berkey Creamery)

Penn State's very own, on-campus creamery

HUB (Hetzl Union Building)

Home to several eateries, study areas, student clubs and activities, meeting spaces, the Penn State Bookstore, and art galleries

IM Building

Campus Recreation's flagship fitness facility located near East Halls

LEAP (Leading Edge Academic Program)

Summer program for incoming students combines small, cohort-based courses and mentoring

LionCash

Online, prepaid flexible spending account accessed by your student's Penn State id+ card

LionPATH

Student information system for students to register for classes, check grades, and pay bills

MRC (Multicultural Resource Center)

Provides individual counseling and educational services for undergraduate multicultural students

Nat (McCoy Natatorium)

Indoor and outdoor pool

Nittany Lion Shrine

Large limestone statue representing Penn State's famous mascot

NSO (New Student Orientation)

Two-day program to introduce first-year students to both academic and campus life

Penn State Go App

All-in-one app includes Canvas, email, campus maps, LionPATH, LionCash, dining, safety, library services, Starfish, Penn State Eats, and more

Penn State Learning

Offers free trained peer tutors, an encouraging learning environment, and technology tools to enhance academic success

PRCC (Paul Robeson Cultural Center)

Provides programs and services that encourage the appreciation of diverse perspectives, experiences, and cultures

RA (Resident Assistant)

Specially trained student employees who live in the residence halls and support residents

Rec Hall (Recreation Hall)

Home of many athletic events and the Hepper Fitness Center

Red Link

Free CATABUS route that runs in a continuous, cross-campus link between west and east campus

ResLife (Office of Residence Life)

Creates living-learning environments, programs, and services for residence hall students

SHIP (Student Health Insurance Plan)

Low-cost, comprehensive health insurance

SPA (Student Programming Association)

Student organization providing entertainment, events, and diverse activities for little or no charge

Starfish

A suite of academic advising tools and online scheduling of advising appointments

THON (Penn State Dance Marathon)

Largest student-run fundraising event benefitting childhood cancer culminating in a no-sitting, no-sleeping, 46-hour dance marathon held in February

UHS (University Health Services)

Student primary care health center offering medical services, prescriptions, testing, educational programs, and more

UP (University Park)

One of 20 undergraduate campuses of Penn State located in State College, PA

UPUA (University Park Undergraduate Association)

Student government for the University Park campus

WE ARE!

Chant that unites Penn State

Welcome Week

Campus-wide programming designed to welcome students at the beginning of each semester

Send a Smile

Penn State Bakery has the perfect surprise for any occasion.

Show your student you're thinking about them by

sending a delicious bakery treat with a

personalized message delivered

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Checking and savings combined, plus online financial education resources to help your student manage money today and build financial skills for a lifetime

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- Digital tools to plan and track spending, establish a budget, set alerts and save toward their goals
- As a PNC customer, you can access your money fee-free at more than 60,000 PNC and Partner ATMs across the country, as listed on our ATM locator.³

LOW CASH MODE[®] IN THE PNC MOBILE APP⁴

Game-changing technology to help students avoid overdraft fees

- **EXTRA TIME** — at least 24 hours to bring their available Spend account balance to at least zero to avoid overdraft fees⁵
- **INTELLIGENT ALERTS** — set up alerts so that if the Spend account balance gets too low, they'll be notified to take action.⁶
- **PAYMENT CONTROL** — gives students the option to pay or return certain individual checks, and payments made using the routing and checking account numbers (ACH transactions)⁷ when the balance is negative

ONLINE FINANCIAL EDUCATION

PNC My Finance Academy provides anytime access to articles, podcasts, information and insights on a wide range of topics that can help students build a strong understanding of finances and better manage their money — today and for a lifetime.



Visit pnc.com/psu to learn more.



¹ Partner ATMs are not owned by PNC, and may be limited to cash withdrawal functionality.

² Virtual Wallet Student has no minimum balance requirement or monthly service charge for active students for 6 years from the date of account opening. You may be asked to provide proof of active enrollment in a qualifying educational institution. At the end of the 6 years, your account will be converted to Virtual Wallet and subject to the Virtual Wallet Features and Fees in effect at that time. If you transfer this account to a different product or account type during the first 6 years, you will forfeit the benefits of the Virtual Wallet Student account and will not be able to transfer back to the Virtual Wallet Student account.

³ Visit pnc.com/locator to find a PNC or PNC Partner ATM near you where PNC customers can access money fee-free.

⁴ PNC does not charge a fee for Mobile Banking. However, third-party message and data rates may apply. These include fees your wireless carrier may charge you for data usage and text messaging services. Check with your wireless carrier for details regarding your specific wireless plan and any data usage or text messaging charges that may apply. Also, a supported mobile device is needed to use the Mobile Banking app. Mobile Deposit is a feature of PNC Mobile Banking. Use of the Mobile Deposit feature requires a supported camera-equipped device and you must download a PNC mobile banking app. Eligible PNC Bank account and PNC Bank Online Banking required. Certain other restrictions apply. See the mobile banking terms and conditions in the PNC Online Banking Service Agreement.

⁵ In order to avoid overdraft fees, you must bring the available balance in your Account to at least \$0 before your Extra Time expires. If you make a deposit, the time it takes for your deposit to be reflected in your available balance and for those funds to become available to you will vary based on the deposit type and time. Depending on your deposit type or your deposit time, your deposit may not be available before your Extra Time period expires, and you may incur overdraft fees. See your Funds Availability policy for more information. Overdrawing an account, maintaining a negative available balance for any period of time, and returning transactions as unpaid may have other consequences, including account closure or negative impacts to your ability to obtain financial services including loans, deposit accounts, and other services at PNC and other institutions.

⁶ PNC Alerts are free to customers. However, third-party message and data rates may apply. These include fees your wireless carrier may charge you for data usage and text messaging services. Check with your wireless carrier for details regarding your specific wireless plan and any data usage or text messaging charges that may apply.

⁷ Payment Control applies to check transactions, or payments made using your PNC Bank routing and checking account numbers (ACH transactions). Debit card transactions do not qualify for Payment Control when your account balance becomes negative. When you choose to return an Item that has been presented to PNC for payment, we will return the Item to the payee's bank for insufficient funds, and the payee will not receive payment from PNC. You may still have an obligation to pay the payee for goods, services or other products. PNC is not responsible for satisfying any obligations between you and the payee or any other party with respect to an Item you decide to return. Before choosing to return an Item, you should consider rules the payee may have or actions the payee may take on late/returned payments. Overdrawing an account, maintaining a negative available balance for any period of time, and returning transactions as unpaid may have other consequences, including account closure or negative impacts to your ability to obtain financial services including loans, deposit accounts, and other services at PNC and other institutions.

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Discover PNC Virtual Wallet Student[®]

- No monthly service charge for up to 6 years²
- Easy-to-use digital tools to budget, track and plan spending
- The control to help avoid overdraft fees with Low Cash Mode[®] in the PNC Mobile app^{3,4}
- Online education resources to help build money skills for today and a lifetime

Visit pnc.com/psu to learn more.



¹ Partner ATMs are not owned by PNC, and may be limited to cash withdrawal functionality.

² Virtual Wallet Student has no minimum balance requirement or monthly service charge for active students for 6 years from the date of account opening. You may be asked to provide proof of active enrollment in a qualifying educational institution. At the end of the 6 years, your account will be converted to Virtual Wallet and subject to the Virtual Wallet Features and Fees in effect at that time. If you transfer this account to a different product or account type during the first 6 years, you will forfeit the benefits of the Virtual Wallet Student account and will not be able to transfer back to the Virtual Wallet Student account.

³ Low Cash Mode is only available on the Spend account of your Virtual Wallet product.

⁴ A supported mobile device is needed to use Mobile Banking. Standard message and data rates may apply.

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Expires May 6, 2024

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Expires May 6, 2024



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1 2 3 4 5 6 7 8

- A** AVBS Animal, Veterinary and Biomedical Sciences Building **B5**
 BVR Beaver Stadium **A8**
 BCR Berkeley Creamery **B5**
 BBH Biobehavioral Health Building **D4**
 BKS Bookstore **D4**
 BRL Bookstore **B4**
 BKE Boucke **D4**
 BJC Bryce Jordan Center **B8**
 BKH Buckhout Lab **C4**
 BUS Bus Station **D2**
 BST Business **B5**
 CRG Carnegie **D3**
 CHB Chambers **C3**
 DVL Davey Lab **D4**
 DKE Deike **D3**
 EAP East Parking Deck **C5**
 EPD Eisenhower Parking Deck **C5**
 FRG Ferguson **C4**
 ES Findlay Commons **B6**

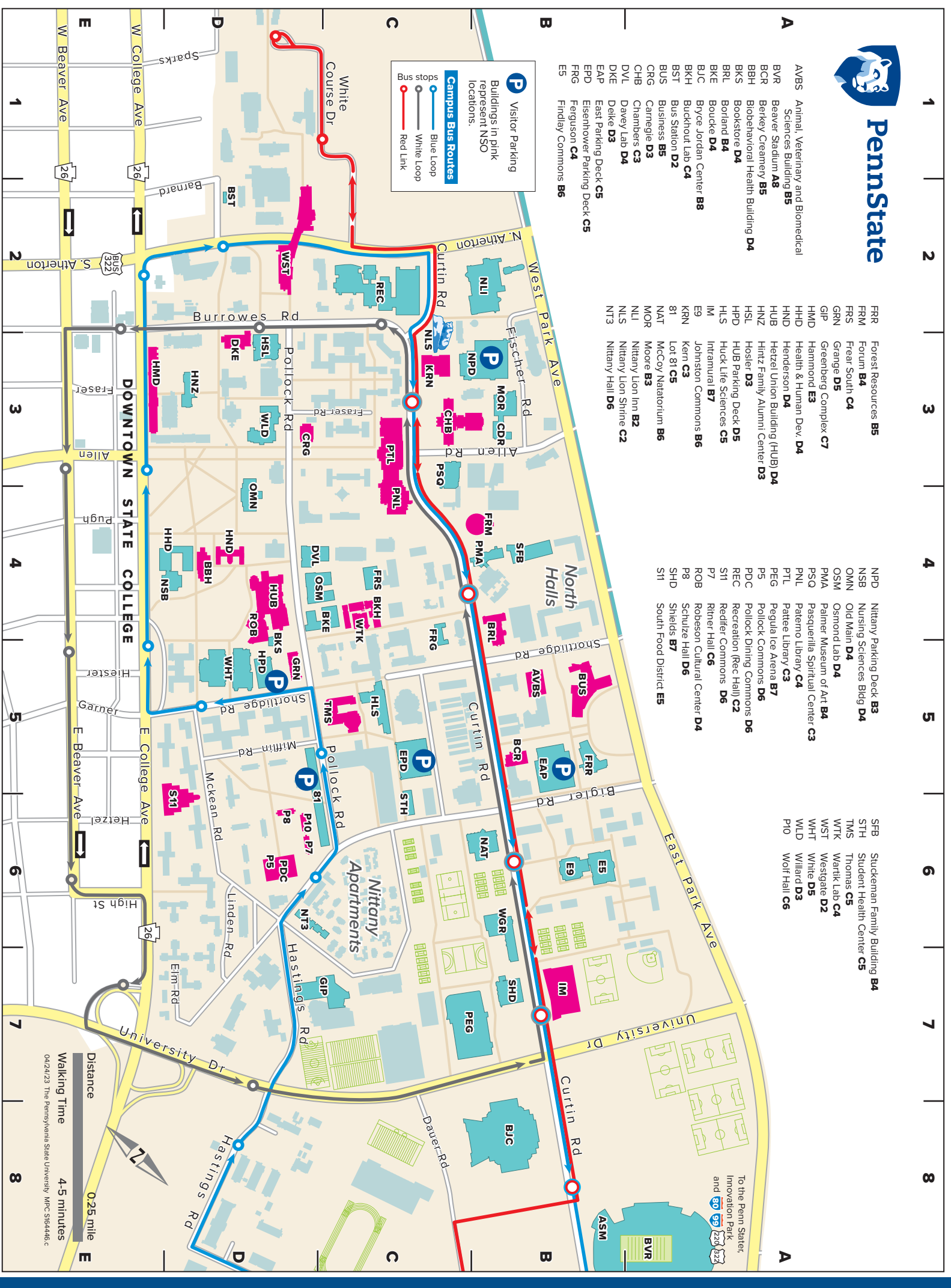
- FRR Forest Resources **B5**
 FRM Forum **B4**
 FRS Frear South **C4**
 GRN Grange **D5**
 GIP Greenberg Complex **C7**
 HMD Hammond **E3**
 HND Health & Human Dev. **D4**
 HND Henderson **D4**
 HUB Hezel Union Building (HUB) **D4**
 HNZ Hintz Family Alumni Center **D3**
 HSL Hosler **D3**
 HPD HUB Parking Deck **D5**
 HLS Huck Life Sciences **C5**
 IM Intramural **B7**
 E9 Johnson Commons **B6**
 KRN Kern **D3**
 Lot 81 **C5**
 MCCoy Natatorium **B6**
 MOR Moore **B3**
 MOR Nittany Lion Inn **B2**
 NLI Nittany Lion Shrine **C2**
 NLS Nittany Hall **D6**

- NPD Nittany Parking Deck **B3**
 NSB Nursing Sciences Bldg **D4**
 OMIN Old Main **D4**
 OSM Osmond Lab **D4**
 PMA Palmer Museum of Art **B4**
 PSO Pasquerella Spiritual Center **C3**
 PNL Pattee Library **C4**
 PTL Pattee Library **C3**
 PEG Pegula Ice Arena **B7**
 P5 Pollock Commons **D6**
 PDC Pollock Dining Commons **D6**
 REC Recreation (Rec Hall) **C2**
 S11 Redifer Commons **D6**
 P7 Rither Hall **C6**
 ROB Robeson Cultural Center **D4**
 P8 Schuize Hall **D6**
 SHD Shields **B7**
 S11 South Food District **E5**

- SFB Stuckeman Family Building **B4**
 STH Student Health Center **C5**
 TMS Thomas **C5**
 WTK Wartik Lab **C4**
 WST Westgate **D2**
 WHT White **D5**
 WLD Willard **D3**
 P10 Wolf Hall **C6**

P Visitor Parking
 Buildings in pink represent NSO locations.

Campus Bus Routes
 Blue Loop
 White Loop
 Red Link



Distance 0.25 mile

Walking Time 4-5 minutes

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